

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

WOMENS - 44 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|--------------------------------|------|--------------------------------|------|--------------------------------|------|--------------------------------|-------|
| T1 (14-15) | Van Casteren Hanne(21/06/2014) | 65,5 | Van Casteren Hanne(21/06/2014) | 35,5 | Van Casteren Hanne(21/06/2014) | 82,5 | Van Casteren Hanne(21/06/2014) | 182,5 |
| T2 (16-17) | Van Casteren Hanne(21/06/2014) | 65,5 | Van Casteren Hanne(21/06/2014) | 35,5 | Van Casteren Hanne(21/06/2014) | 82,5 | Van Casteren Hanne(12/10/2013) | 180 |
| T3 (18-19) | Van Casteren Hanne(21/06/2014) | 65,5 | Van Casteren Hanne(21/06/2014) | 35,5 | Van Casteren Hanne(21/06/2014) | 82,5 | Van Casteren Hanne(12/10/2013) | 180 |
| JR (20-23) | Van Casteren Hanne(21/06/2014) | 65,5 | Van Casteren Hanne(21/06/2014) | 35,5 | | 90 | | 185 |
| SR (24-39) | Van Casteren Hanne(21/06/2014) | 65,5 | | 47,5 | | 95 | | 207,5 |
| M1 (40-44) | | 60 | | 40 | | 90 | | 190 |
| M2 (45-49) | | 55 | | 37,5 | | 85 | | 177,5 |
| M3 (50-54) | | 50 | | 35 | | 80 | | 165 |
| M4 (55-59) | | 45 | | 32,5 | | 75 | | 152,5 |
| M5 (60-64) | | 40 | | 30 | | 70 | | 140 |
| M6 (65-69) | | 35 | | 27,5 | | 65 | | 127,5 |
| M7 (70-74) | | 30 | | 25 | | 60 | | 115 |
| M8 (75-79) | | 30 | | 22,5 | | 60 | | 112,5 |
| M9 (80-84) | | 30 | | 20 | | 60 | | 110 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

WOMENS - 47,5 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------------------------------------|----|-------------------------------------|------|-------------------------------------|-----|-------------------------------------|-------|
| T1 (14-15) | | 45 | | 27,5 | | 70 | | 142,5 |
| T2 (16-17) | | 55 | | 30 | | 75 | | 160 |
| T3 (18-19) | Van Casteren Hanne BEL (11/02/2017) | 85 | Van Casteren Hanne BEL (11/02/2017) | 50 | Van Casteren Hanne BEL (11/02/2017) | 100 | Van Casteren Hanne BEL (11/02/2017) | 235 |
| JR (20-23) | | 65 | | 37,5 | | 95 | | 197,5 |
| SR (24-39) | | 70 | | 52,5 | | 100 | | 222,5 |
| M1 (40-44) | | 65 | | 47,5 | | 95 | | 207,5 |
| M2 (45-49) | | 60 | | 42,5 | | 90 | | 192,5 |
| M3 (50-54) | | 55 | | 37,5 | | 85 | | 177,5 |
| M4 (55-59) | | 50 | | 35 | | 80 | | 165 |
| M5 (60-64) | | 45 | | 32,5 | | 75 | | 152,5 |
| M6 (65-69) | | 40 | | 30 | | 70 | | 140 |
| M7 (70-74) | | 35 | | 27,5 | | 65 | | 127,5 |
| M8 (75-79) | | 35 | | 25 | | 60 | | 120 |
| M9 (80-84) | | 35 | | 22,5 | | 60 | | 117,5 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

WOMENS -50,5 KG

| | SQUAT | BENCH | DEADLIFT | TOTAL |
|---|-------|-------|----------|-------|
| T1 (14-15) | 50 | 30 | 75 | 155 |
| T2 (16-17) | 60 | 32,5 | 80 | 172,5 |
| T3 (18-19) | 65 | 37,5 | 90 | 192,5 |
| JR (20-23) | 70 | 45 | 100 | 215 |
| SR (24-39) Van Vlasselaer Marijke(12/10/2013) | 82,5 | 55 | 112,5 | 235 |
| M1 (40-44) | 70 | 52,5 | 100 | 222,5 |
| M2 (45-49) | 65 | 45 | 95 | 205 |
| M3 (50-54) | 60 | 40 | 90 | 190 |
| M4 (55-59) | 55 | 37,5 | 85 | 177,5 |
| M5 (60-64) | 50 | 35 | 80 | 165 |
| M6 (65-69) | 45 | 32,5 | 75 | 152,5 |
| M7 (70-74) | 40 | 30 | 70 | 140 |
| M8 (75-79) | 40 | 30 | 70 | 140 |
| M9 (80-84) | 40 | 30 | 70 | 140 |
| M10 (85-90) | | 0 | 0 | 0 |

WOMENS - 53 KG

| | SQUAT | BENCH | DEADLIFT | TOTAL |
|-------------|-------|-------|----------|-------|
| T1 (14-15) | 55 | 32,5 | 80 | 167,5 |
| T2 (16-17) | 65 | 35 | 85 | 185 |
| T3 (18-19) | 70 | 40 | 95 | 205 |
| JR (20-23) | 75 | 47,5 | 105 | 227,5 |
| SR (24-39) | 80 | 57,5 | 115 | 252,5 |
| M1 (40-44) | 75 | 55 | 105 | 235 |
| M2 (45-49) | 70 | 47,5 | 100 | 217,5 |
| M3 (50-54) | 65 | 42,5 | 95 | 202,5 |
| M4 (55-59) | 60 | 40 | 90 | 190 |
| M5 (60-64) | 55 | 37,5 | 85 | 177,5 |
| M6 (65-69) | 50 | 35 | 80 | 165 |
| M7 (70-74) | 45 | 32,5 | 75 | 152,5 |
| M8 (75-79) | 45 | 32,5 | 75 | 152,5 |
| M9 (80-84) | 45 | 32,5 | 75 | 152,5 |
| M10 (85-90) | | 0 | 0 | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

WOMENS - 55,5 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL |
|-------------|-------|----|-------|------|----------|-----|-------|
| T1 (14-15) | | 60 | | 35 | | 85 | 180 |
| T2 (16-17) | | 70 | | 37,5 | | 90 | 197,5 |
| T3 (18-19) | | 75 | | 42,5 | | 100 | 217,5 |
| JR (20-23) | | 80 | | 52,5 | | 110 | 242,5 |
| SR (24-39) | | 85 | | 60 | | 125 | 270 |
| M1 (40-44) | | 80 | | 57,5 | | 120 | 257,5 |
| M2 (45-49) | | 75 | | 50 | | 110 | 235 |
| M3 (50-54) | | 70 | | 45 | | 105 | 220 |
| M4 (55-59) | | 65 | | 42,5 | | 100 | 27,5 |
| M5 (60-64) | | 60 | | 40 | | 90 | 190 |
| M6 (65-69) | | 55 | | 37,5 | | 85 | 177,5 |
| M7 (70-74) | | 50 | | 35 | | 80 | 165 |
| M8 (75-79) | | 50 | | 35 | | 80 | 165 |
| M9 (80-84) | | 50 | | 35 | | 80 | 165 |
| M10 (85-90) | | | | 0 | | 0 | 0 |

WOMENS - 58,5 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL |
|-------------|------------------|-------|------------------|------|------------------|-----|-------------------------|
| T1 (14-15) | | 65 | | 40 | | 90 | 197,5 |
| T2 (16-17) | Wuyts H. 03 - 09 | 105 | Wuyts H. 03 - 09 | 65 | Wuyts H. 03 - 09 | 160 | Wuyts H. 03 - 09 330 |
| T3 (18-19) | Wuyts Helen | 120 | Wuyts Helen | 72,5 | Wuyts Helen | 165 | Wuyts Helen 357,5 |
| JR (20-23) | Wuyts Helen 2011 | 122,5 | Wuyts Helen | 72,5 | Wuyts Helen 2011 | 180 | Wuyts Helen 2011 375 |
| SR (24-39) | Wuyts Helen 2011 | 122,5 | Wuyts Helen | 72,5 | Wuyts Helen 2011 | 180 | Wuyts Helen 2011 375 |
| M1 (40-44) | | 85 | | 60 | | 125 | 270 |
| M2 (45-49) | | 80 | | 52,5 | | 115 | 247,5 |
| M3 (50-54) | | 75 | | 50 | | 110 | 235 |
| M4 (55-59) | | 70 | | 45 | | 105 | 220 |
| M5 (60-64) | | 65 | | 42,5 | | 95 | 202,5 |
| M6 (65-69) | | 6 | | 40 | | 9 | 190 |
| M7 (70-74) | | 55 | | 37,5 | | 85 | 177,5 |
| M8 (75-79) | | 55 | | 37,5 | | 85 | 177,5 |
| M9 (80-84) | | 55 | | 37,5 | | 85 | 177,5 |
| M10 (85-90) | | | | 0 | | 0 | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

WOMENS - 63 KG

| SQUAT | | BENCH | | DEADLIFT | | TOTAL | | |
|-------------|-------------------------|-------|------------------------|----------|------------------------|-------|------------------------|-------|
| T1 (14-15) | | 70 | | 45 | | 95 | 210 | |
| T2 (16-17) | | 80 | | 47,5 | | 100 | 227,5 | |
| T3 (18-19) | Wuyts H. 11 - 09 | 115 | Wuyts H. 11 - 09 | 70 | Wuyts H. 11 - 09 | 165 | Wuyts H. 11 - 09 | 350 |
| JR (20-23) | Wuyts Helen(25/09/2011) | 125 | Wuyts Helen(7/04/2012) | 75 | Wuyts Helen(7/04/2012) | 182,5 | Wuyts Helen(7/04/2012) | 382,5 |
| SR (24-39) | Wuyts Helen(25/09/2011) | 125 | Wuyts Helen(7/04/2012) | 75 | Wuyts Helen(7/04/2012) | 182,5 | Wuyts Helen(7/04/2012) | 382,5 |
| M1 (40-44) | | 90 | | 65 | | 130 | 285 | |
| M2 (45-49) | | 85 | | 60 | | 120 | 265 | |
| M3 (50-54) | | 80 | | 55 | | 115 | 250 | |
| M4 (55-59) | | 75 | | 50 | | 110 | 235 | |
| M5 (60-64) | | 70 | | 45 | | 100 | 215 | |
| M6 (65-69) | | 65 | | 42,5 | | 95 | 202,5 | |
| M7 (70-74) | | 60 | | 40 | | 90 | 190 | |
| M8 (75-79) | | 60 | | 40 | | 90 | 190 | |
| M9 (80-84) | | 60 | | 40 | | 90 | 190 | |
| M10 (85-90) | | 0 | | 0 | | 0 | 0 | |

WOMENS - 70 KG

| SQUAT | | BENCH | | DEADLIFT | | TOTAL | | |
|-------------|------------------------------|-------|--|----------|------------------------------|-------|------------------------------|-----|
| T1 (14-15) | | 80 | | 47,5 | | 100 | 227,5 | |
| T2 (16-17) | | 85 | | 50 | | 105 | 240 | |
| T3 (18-19) | | 90 | | 55 | Verkain Jasmien | 135 | 265 | |
| JR (20-23) | | 95 | | 62,5 | Verkain Jasmien | 135 | 292,5 | |
| SR (24-39) | Wuyts Helen BEL (11/02/2017) | 120 | | 72,5 | Wuyts Helen BEL (11/02/2017) | 160 | Wuyts Helen BEL (11/02/2017) | 350 |
| M1 (40-44) | | 95 | | 70 | | 140 | 305 | |
| M2 (45-49) | | 90 | | 65 | | 130 | 285 | |
| M3 (50-54) | | 85 | | 60 | | 122,5 | 267,5 | |
| M4 (55-59) | | 80 | | 55 | | 115 | 250 | |
| M5 (60-64) | | 75 | | 47,5 | | 105 | 227,5 | |
| M6 (65-69) | | 70 | | 45 | | 100 | 215 | |
| M7 (70-74) | | 65 | | 42,5 | | 95 | 202,5 | |
| M8 (75-79) | | 65 | | 42,5 | | 95 | 202,5 | |
| M9 (80-84) | | 65 | | 42,5 | | 95 | 202,5 | |
| M10 (85-90) | | 0 | | 0 | | 0 | 0 | |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

WOMENS - 80 KG

| SQUAT | | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|----------------------------|--------|----------------------------|------|------------------------------|-------|------------------------------|-------|
| T1 (14-15) | Dechamps Nadege(7/04/2012) | 125 | Dechamps Nadege(7/04/2012) | 86,5 | Dechamps Nadege(7/04/2012) | 160 | Dechamps Nadege(7/04/2012) | 357,5 |
| T2 (16-17) | Dechamps Nadege(7/04/2012) | 125 | Dechamps Nadege(7/04/2012) | 86,5 | Dechamps Nadege(7/04/2012) | 160 | Dechamps Nadege(7/04/2012) | 357,5 |
| T3 (18-19) | Dechamps Nadege(7/04/2012) | 125 | Dechamps Nadege(7/04/2012) | 86,5 | Dechamps Nadege(7/04/2012) | 160 | Dechamps Nadege(7/04/2012) | 357,5 |
| JR (20-23) | Wuyts Helen(21/06/2014) | 125,5 | Dechamps Nadege(7/04/2012) | 86,5 | Wuyts Helen(21/06/2014) | 160,5 | Dechamps Nadege(7/04/2012) | 357,5 |
| SR (24-39) | Wuyts Helen(21/06/2014) | 125,52 | Dechamps Nadege(7/04/2012) | 86,5 | Wuyts Helen BEL (17/03/2018) | 167,5 | Wuyts Helen BEL (17/03/2018) | 360 |
| M1 (40-44) | | 100 | | 72,5 | | 145 | | 317,5 |
| M2 (45-49) | | 95 | | 67,5 | | 137,5 | | 300 |
| M3 (50-54) | | 90 | | 62,5 | | 127,5 | | 280 |
| M4 (55-59) | | 85 | | 57,5 | | 120 | | 262,5 |
| M5 (60-64) | | 80 | | 50 | | 110 | | 240 |
| M6 (65-69) | | 75 | | 47,5 | | 105 | | 227,5 |
| M7 (70-74) | | 70 | | 45 | | 100 | | 215 |
| M8 (75-79) | | 70 | | 45 | | 100 | | 215 |
| M9 (80-84) | | 70 | | 45 | | 100 | | 215 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

WOMENS - 90 KG

| SQUAT | | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|----------------------------|-----|-------|------|----------------------------|-------|----------------------------|-------|
| T1 (14-15) | | 90 | | 52,5 | | 110 | | 252,5 |
| T2 (16-17) | | 95 | | 55 | | 115 | | 265 |
| T3 (18-19) | | 100 | | 60 | | 130 | | 290 |
| JR (20-23) | | 105 | | 70 | | 145 | | 320 |
| SR (24-39) | Mazet Kim BEL (12/10/2019) | 125 | | 82,5 | Mazet Kim BEL (12/10/2019) | 162,5 | Mazet Kim BEL (12/10/2019) | 352,5 |
| M1 (40-44) | | 105 | | 77,5 | | 150 | | 332,5 |
| M2 (45-49) | | 100 | | 70 | | 142,5 | | 312,5 |
| M3 (50-54) | | 95 | | 65 | | 132,5 | | 292,5 |
| M4 (55-59) | | 90 | | 62,5 | | 125 | | 277,5 |
| M5 (60-64) | | 85 | | 55 | | 115 | | 255 |
| M6 (65-69) | | 80 | | 52,5 | | 110 | | 242,5 |
| M7 (70-74) | | 75 | | 50 | | 105 | | 230 |
| M8 (75-79) | | 75 | | 50 | | 105 | | 230 |
| M9 (80-84) | | 75 | | 50 | | 105 | | 230 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

WOMENS + 90 KG

| | SQUAT | BENCH | DEADLIFT | TOTAL |
|-------------|-------|-------|----------|-------|
| T1 (14-15) | 90 | 55 | 115 | 260 |
| T2 (16-17) | 95 | 57,5 | 120 | 272,5 |
| T3 (18-19) | 100 | 62,5 | 135 | 297,5 |
| JR (20-23) | 105 | 77,5 | 150 | 332,5 |
| SR (24-39) | 110 | 87,5 | 162,5 | 360 |
| M1 (40-44) | 105 | 82,5 | 155 | 342,5 |
| M2 (45-49) | 100 | 75 | 150 | 325 |
| M3 (50-54) | 95 | 70 | 140 | 305 |
| M4 (55-59) | 90 | 65 | 130 | 285 |
| M5 (60-64) | 85 | 57,5 | 120 | 262,5 |
| M6 (65-69) | 80 | 55 | 115 | 250 |
| M7 (70-74) | 75 | 52,5 | 110 | 237,5 |
| M8 (75-79) | 75 | 52,5 | 110 | 237,5 |
| M9 (80-84) | 75 | 52,5 | 110 | 237,5 |
| M10 (85-90) | 0 | 0 | 0 | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

MEN - 52 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------------------------------|-------|-------------------------------|------|-------------------------------|-----|-------------------------------|-------|
| T1 (14-15) | | 60 | | 35 | | 90 | | 185 |
| T2 (16-17) | Hons Matthew BEL (11/02/2017) | 112,5 | Hons Matthew BEL (29/04/2017) | 77,5 | Hons Matthew BEL (29/04/2017) | 165 | Hons Matthew BEL (29/04/2017) | 340 |
| T3 (18-19) | Hons Matthew 14/5/16 | 92,5 | Hons Matthew 14/5/16 | 65 | Hons Matthew 14/5/16 | 130 | Hons Matthew 14/5/16 | 287,5 |
| JR (20-23) | Hons Matthew 14/5/16 | 92,5 | Hons Matthew 14/5/16 | 65 | Hons Matthew 14/5/16 | 130 | Hons Matthew 14/5/16 | 287,5 |
| SR (24-39) | De Lauw Luc(12/10/2013) | 95 | De Lauw Luc(12/10/2013) | 80 | | 135 | Hons Matthew 14/5/16 | 287,5 |
| M1 (40-44) | De Lauw Luc(12/10/2013) | 95 | De Lauw Luc(12/10/2013) | 80 | | 125 | De Lauw Luc(12/10/2013) | 285 |
| M2 (45-49) | De Lauw Luc(12/10/2013) | 95 | De Lauw Luc(12/10/2013) | 80 | | 120 | De Lauw Luc(12/10/2013) | 285 |
| M3 (50-54) | | 70 | | 52,5 | | 115 | | 237,5 |
| M4 (55-59) | | 65 | | 50 | | 110 | | 225 |
| M5 (60-64) | | 60 | | 45 | | 105 | | 210 |
| M6 (65-69) | | 55 | | 40 | | 100 | | 195 |
| M7 (70-74) | | 50 | | 35 | | 95 | | 180 |
| M8 (75-79) | | 50 | | 35 | | 95 | | 180 |
| M9 (80-84) | | 50 | | 35 | | 95 | | 180 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

MEN - 56 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|---------------------------|------|---------------------------|------|---------------------------|-----|---------------------------|-------|
| T1 (14-15) | Devos Gillian(12/10/2013) | 72,5 | Devos Gillian(12/10/2013) | 52,5 | Devos Gillian(12/10/2013) | 115 | Devos Gillian(12/10/2013) | 240 |
| T2 (16-17) | | 75 | Devos Gillian(12/10/2013) | 52,5 | Devos Gillian(12/10/2013) | 115 | Devos Gillian(12/10/2013) | 240 |
| T3 (18-19) | | 80 | Devos Gillian(12/10/2013) | 52,5 | Devos Gillian(12/10/2013) | 115 | | 242,5 |
| JR (20-23) | Vermeulen Sven(7/04/2012) | 110 | Vermeulen Sven(7/04/2012) | 85 | Vermeulen Sven(7/04/2012) | 131 | Vermeulen Sven(7/04/2012) | 325 |
| SR (24-39) | Vermeulen Sven(7/04/2012) | 110 | Vermeulen Sven(7/04/2012) | 85 | | 145 | Vermeulen Sven(7/04/2012) | 325 |
| M1 (40-44) | De Lauw Luc 31/03/2013 | 90 | De Lauw Luc 31/03/2013 | 77,5 | | 135 | | 287,5 |
| M2 (45-49) | De Lauw Luc 31/03/2013 | 90 | De Lauw Luc 31/03/2013 | 77,5 | | 130 | | 275 |
| M3 (50-54) | | 75 | | 60 | | 125 | | 260 |
| M4 (55-59) | | 70 | | 57,5 | | 120 | | 247,5 |
| M5 (60-64) | | 65 | | 50 | | 110 | | 225 |
| M6 (65-69) | | 60 | | 45 | | 105 | | 210 |
| M7 (70-74) | | 55 | | 40 | | 100 | | 195 |
| M8 (75-79) | | 55 | | 40 | | 100 | | 195 |
| M9 (80-84) | | 55 | | 40 | | 100 | | 195 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

MEN - 60 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|----------------------------|-----|-----------------------------------|------|-------------------------------------|-----|-------------------------------------|-------|
| T1 (14-15) | | 70 | | 45 | | 105 | 220 | |
| T2 (16-17) | | 80 | | 50 | | 110 | 240 | |
| T3 (18-19) | Jacmart Jeremy(25/09/2011) | 115 | El Mahassani Walid 14/6/16 | 90 | El Mahassani Walid BEL (11/02/2017) | 170 | El Mahassani Walid BEL (11/02/2017) | 355 |
| JR (20-23) | Jacmart Jeremy(25/09/2011) | 115 | Vermeulen Sven 31/03/2013 | 95 | Vermeulen Sven 31/03/2013 | 160 | Vermeulen Sven 31/03/2013 | 355 |
| SR (24-39) | Jacmart Jeremy(25/09/2011) | 115 | Goossens Chesney BEL (17/03/2018) | 115 | Vermeulen Sven 31/03/2013 | 160 | Goossens Chesney BEL (17/03/2018) | 357,5 |
| M1 (40-44) | | 90 | | 75 | | 145 | 310 | |
| M2 (45-49) | | 85 | | 70 | | 140 | 295 | |
| M3 (50-54) | | 80 | | 67,5 | | 135 | 282,5 | |
| M4 (55-59) | | 75 | | 65 | | 130 | 270 | |
| M5 (60-64) | | 70 | | 55 | | 120 | 245 | |
| M6 (65-69) | | 65 | | 50 | | 115 | 230 | |
| M7 (70-74) | | 60 | | 45 | | 110 | 215 | |
| M8 (75-79) | | 60 | | 45 | | 110 | 215 | |
| M9 (80-84) | | 60 | | 45 | | 110 | 215 | |
| M10 (85-90) | | 0 | | 0 | | 0 | 0 | |

MEN - 67,5 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------------------------------|-----|-----------------------------------|------|--------------------------------|-----|--------------------------------|-------|
| T1 (14-15) | Eeckhout Laurens | 100 | Eeckhout Laurens | 77,5 | Eeckhout Laurens | 120 | Eeckhout Laurens | 290 |
| T2 (16-17) | Mignolet Geoffrey(25/09/2011) | 175 | De Visscher Geovanni(25/09/2011) | 110 | Mignolet Geoffrey(25/09/2011) | 215 | Mignolet Geoffrey(25/09/2011) | 487,5 |
| T3 (18-19) | Mignolet Geoffrey(25/09/2011) | 175 | De Visscher Geovanni(25/09/2011) | 110 | Mignolet Geoffrey(25/09/2011) | 215 | Mignolet Geoffrey(25/09/2011) | 487,5 |
| JR (20-23) | Mignolet Geoffrey(25/09/2011) | 175 | Vanhee Emmerick(12/10/2013) | 125 | Mignolet Geoffrey(25/09/2011) | 215 | Mignolet Geoffrey(25/09/2011) | 487,5 |
| SR (24-39) | Mignolet Geoffrey(25/09/2011) | 175 | Goossens Chesney BEL (12/10/2019) | 151 | Mignolet Geoffrey(25/09/2011) | 215 | Mignolet Geoffrey(25/09/2011) | 487,5 |
| M1 (40-44) | Callemeyn Johny | 155 | Callemeyn J. 03 - 09 | 105 | Boland Darren BEL (11/02/2017) | 180 | Boland Darren BEL (11/02/2017) | 410 |
| M2 (45-49) | Callemeyn Johny | 155 | Callemeyn J. 03 - 09 | 105 | Callemeyn J. 03 - 09 | 165 | Callemeyn J. 03 - 09 | 405 |
| M3 (50-54) | Callemeyn Johny | 155 | Callemeyn J. 03 - 09 | 105 | Callemeyn J. 03 - 09 | 165 | Callemeyn J. 03 - 09 | 405 |
| M4 (55-59) | Callemeyn Johny | 155 | Callemeyn J. 03 - 09 | 105 | Callemeyn J. 03 - 09 | 165 | Callemeyn J. 03 - 09 | 405 |
| M5 (60-64) | | 100 | | 60 | | 130 | 290 | |
| M6 (65-69) | | 95 | | 55 | | 125 | 275 | |
| M7 (70-74) | | 75 | | 50 | | 115 | 240 | |
| M8 (75-79) | | 75 | | 50 | | 115 | 240 | |
| M9 (80-84) | | 75 | | 50 | | 115 | 240 | |
| M10 (85-90) | | 0 | | 0 | | 0 | 0 | |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

MEN - 75 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-----------------------------------|-------|-----------------------------------|-------|-----------------------------------|-------|-----------------------------------|-------|
| T1 (14-15) | Van Gucht Mackel(25/09/2011) | 140 | Van Gucht Mackel(25/09/2011) | 110 | Van Gucht Mackel(25/09/2011) | 180 | Van Gucht Mackel(25/09/2011) | 410 |
| T2 (16-17) | Masudi Jayda BEL (5/05/2018) | 170 | Van Gucht Mackel(25/09/2011) | 110 | Masudi Jayda BEL (5/05/2018) | 215 | Masudi Jayda BEL (5/05/2018) | 490 |
| T3 (18-19) | De Visscher Geovanni(7/04/2012) | 180 | De Visscher Geovanni(7/04/2012) | 130 | De Visscher Geovanni(7/04/2012) | 210 | De Visscher Geovanni(7/04/2012) | 520 |
| JR (20-23) | Sudarminto Indra(7/04/2012) | 230 | Sudarminto Indra(21/06/2014) | 153,5 | Sudarminto Indra(7/04/2012) | 255 | Sudarminto Indra(5/05/2012) | 620 |
| SR (24-39) | Sudarminto Indra BEL (17/03/2018) | 265 | Sudarminto Indra BEL (29/04/2017) | 170 | Sudarminto Indra BEL (25/02/2017) | 292,5 | Sudarminto Indra BEL (29/04/2017) | 710 |
| M1 (40-44) | Hallewaert Bart(21/06/2014) | 185,5 | Hallewaert Bart(21/06/2014) | 130 | Hallewaert Bart(201/11/2014) | 225 | Hallewaert Bart(01/11/2014) | 530 |
| M2 (45-49) | Hallewaert Bart(21/06/2014) | 185,5 | Hallewaert Bart(21/06/2014) | 130 | Hallewaert Bart(201/11/2014) | 225 | Hallewaert Bart(01/11/2014) | 530 |
| M3 (50-54) | Callemeyn J. 06 - 06 | 162,5 | Callemeyn Johny | 115,5 | Callemeyn Johny(7/04/2012) | 180,5 | Callemeyn Johny | 450,5 |
| M4 (55-59) | Callemeyn Johny | 155 | Callemeyn Johny | 115,5 | Callemeyn Johny(7/04/2012) | 180,5 | Callemeyn Johny | 450,5 |
| M5 (60-64) | Callemeyn Johny(21/06/2014) | 147,5 | Callemeyn Johny(21/06/2014) | 105 | Callemeyn Johny(21/06/2014) | 170 | Callemeyn Johny(21/06/2014) | 417,5 |
| M6 (65-69) | | 110 | | 70 | | 135 | | 315 |
| M7 (70-74) | | 105 | | 60 | | 115 | | 280 |
| M8 (75-79) | | 105 | | 60 | | 115 | | 280 |
| M9 (80-84) | | 105 | | 60 | | 115 | | 280 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

MEN - 82,5 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------------------------------|-------|------------------------------|-------|------------------------------|-------|------------------------------|-------|
| T1 (14-15) | | 120 | | 85 | | 125 | | 310 |
| T2 (16-17) | De Neve Toon BEL (12/10/2019) | 175 | Peeters Alan(25/09/2011) | 125 | Peeters Alan(25/09/2011) | 210 | Peeters Alan(25/09/2011) | 487,5 |
| T3 (18-19) | Sudarminto Indra | 195 | Peeters Alan(7/04/2012) | 132,5 | Sudarminto Indra | 240 | Sudarminto Indra | 550 |
| JR (20-23) | Sudarminto Indra(12/10/2013) | 230 | Sudarminto Indra(12/10/2013) | 150 | Sudarminto Indra(25/09/2011) | 250 | Sudarminto Indra(12/10/2013) | 620 |
| SR (24-39) | Sudarminto Indra(01/11/2015) | 260,5 | Servotte Geoffroy(7/04/2012) | 172,5 | Sudarminto Indra(8/4/16) | 285,5 | Sudarminto Indra(8/4/16) | 715 |
| M1 (40-44) | Remy R. 03 - 09 | 180 | Hallewaert Bart | 137,5 | Remy R. 03 - 09 | 240,5 | Hallewaert Bart | 542,5 |
| M2 (45-49) | Remy R. 03 - 09 | 180 | Remy R. 09 - 06 | 110 | Remy R. 03 - 09 | 240,5 | | 527,5 |
| M3 (50-54) | Remy R. 03 - 09 | 180 | Remy R. 09 - 06 | 110 | Remy R. 03 - 09 | 240,5 | | 527,5 |
| M4 (55-59) | Remy R. 03 - 09 | 180 | Remy R. 03 - 09 | 107,5 | Remy R. 03 - 09 | 240,5 | | 527,5 |
| M5 (60-64) | | 140 | | 90 | | 160 | | 390 |
| M6 (65-69) | | 120 | | 80 | | 150 | | 350 |
| M7 (70-74) | | 115 | | 70 | | 120 | | 305 |
| M8 (75-79) | | 115 | | 70 | | 120 | | 305 |
| M9 (80-84) | | 115 | | 70 | | 120 | | 305 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

MEN - 90 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------------------------------|-------|-----------------------------------|-------|-------------------------------|-------|-------------------------------|-------|
| T1 (14-15) | Jans Ben(25/09/2011) | 150 | Jans Ben(25/09/2011) | 90 | Jans Ben(25/09/2011) | 180 | Jans Ben(25/09/2011) | 420 |
| T2 (16-17) | Jans Ben(25/09/2011) | 150 | Jans Ben(25/09/2011) | 90 | Jans Ben(25/09/2011) | 180 | Jans Ben(25/09/2011) | 420 |
| T3 (18-19) | Peeters Alan(12/10/2013) | 200 | Peeters Alan(12/10/2013) | 152,5 | Peeters Alan(12/10/2013) | 252,5 | Peeters Alan(12/10/2013) | 605 |
| JR (20-23) | Peeters Alan(21/06/2014) | 220 | Peeters Alan(21/06/2014) | 165 | Peeters Alan(21/06/2014) | 280 | Peeters Alan(21/06/2014) | 650 |
| SR (24-39) | Servotte G. 11 - 06 | 262,5 | Servotte G. 11 - 06 | 167,5 | Verbeke Beny(7/04/2012) | 300 | Servotte G. 11 - 06 | 685 |
| M1 (40-44) | Vandelanoitte H. 06 - 06 | 200 | Vandelannoitte H. 06 - 06 | 132,5 | Verbeke Beny(7/04/2012) | 300 | Verbeke Beny(25/09/2011) | 595 |
| M2 (45-49) | Verbeke Beny(25/09/2011) | 190 | Hemselsoet Erwin BEL (12/10/2019) | 132,5 | Verbeke Beny(7/04/2012) | 300 | Verbeke Beny(25/09/2011) | 595 |
| M3 (50-54) | Verbeke Beny BEL (11/02/2017) | 175 | | 120 | Verbeke Beny BEL (11/02/2017) | 280 | Verbeke Beny BEL (11/02/2017) | 555 |
| M4 (55-59) | | 165 | Theyssens M. 09 - 07 | 117,5 | | 185 | | 465 |
| M5 (60-64) | Theyssens M. 09 - 07 | 157,5 | Theyssens M. 09 - 07 | 117,5 | | 175 | Theyssens M. 09 - 07 | 432,5 |
| M6 (65-69) | Theyssens M. 09 - 07 | 157,5 | Theyssens M. 09 - 07 | 117,5 | Theyssens M. 09 - 07 | 167,5 | Theyssens M. 09 - 07 | 432,5 |
| M7 (70-74) | Theyssens M. 06 - 11 | 135 | Theyssens M. 06 - 11 | 102,5 | Theyssens M. 06 - 11 | 147,5 | Theyssens M. 06 - 11 | 385 |
| M8 (75-79) | | 120 | | 80 | | 125 | | 325 |
| M9 (80-84) | | 120 | | 80 | | 125 | | 325 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

MEN - 100 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|----------------------------------|-------|--------------------------------|-------|----------------------------------|-------|----------------------------------|-------|
| T1 (14-15) | | 140 | | 75 | | 145 | | 360 |
| T2 (16-17) | Van Roy Y. 03 - 09 | 165 | Samijn K. 06 - 06 | 115 | Van Roy Y. 03 - 09 | 230 | Van Roy Y. 03 - 09 | 495 |
| T3 (18-19) | | 170 | Samijn K. 06 - 06 | 115 | Van Roy Y. 03 - 09 | 230 | Van Roy Y. 03 - 09 | 495 |
| JR (20-23) | Van Heesvelde Jeroen(7/04/2012) | 220 | Annaert Gregg BEL (30/04/2017) | 142,5 | Annaert Gregg BEL (30/04/2017) | 260 | Van Heesvelde Jeroen(7/04/2012) | 607,5 |
| SR (24-39) | Servotte G. 03 - 08 | 265 | Servotte G. 03 - 08 | 182,5 | Verbeke Beny BEL (12/10/2019) | 292,5 | Servotte G. 03 - 08 | 702,5 |
| M1 (40-44) | Vandewiele Marc BEL (17/03/2018) | 215 | | 150 | Vandewiele Marc BEL (17/03/2018) | 287,5 | Vandewiele Marc BEL (17/03/2018) | 590 |
| M2 (45-49) | | 190 | | 145 | | 215 | | 550 |
| M3 (50-54) | | 180 | | 135 | Verbeke Beny BEL (12/10/2019) | 292,5 | Verbeke Beny BEL (12/10/2019) | 552,5 |
| M4 (55-59) | | 170 | | 125 | | 195 | | 490 |
| M5 (60-64) | | 150 | | 115 | | 185 | | 450 |
| M6 (65-69) | Theyssens M. 03 - 09 | 145 | Theyssens M. 03 - 08 | 112,5 | | 170 | Theyssens M. 03 - 08 | 417,5 |
| M7 (70-74) | Theyssens Martin | 147,5 | Theyssens M. 03 - 10 | 107,5 | Theyssens Martin | 155 | Theyssens Martin | 410 |
| M8 (75-79) | | 125 | | 85 | | 130 | | 340 |
| M9 (80-84) | | 125 | | 85 | | 130 | | 340 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

MEN - 110 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL |
|-------------|--------------------------------|-------|--------------------------------|-------|--------------------------------|-------|---------------------------------------|
| T1 (14-15) | | 145 | | 80 | | 160 | 385 |
| T2 (16-17) | | 160 | | 100 | | 180 | 440 |
| T3 (18-19) | Van Roy Yannick 05 - 10 | 197,5 | Van Roy Yannick 05 - 10 | 120 | Van Roy Yannick | 237,5 | Van Roy Yannick 05 - 10 525 |
| JR (20-23) | Lefranc Bryan BEL (11/02/2017) | 213 | Lefranc Bryan BEL (11/02/2017) | 170 | Lefranc Bryan BEL (11/02/2017) | 257,5 | Lefranc Bryan BEL (11/02/2017) 640 |
| SR (24-39) | Karraa Elis BEL (12/10/2019) | 200 | Karraa Elis BEL (12/10/2019) | 145 | Karraa Elis BEL (12/10/2019) | 240 | Karraa Elis BEL (12/10/2019) 585 |
| M1 (40-44) | Vermote Gianni(21/06/2014) | 210,5 | | 157,5 | Vermote Gianni(21/06/2014) | 235,5 | 602,5 |
| M2 (45-49) | | 200 | | 150 | | 225 | 575 |
| M3 (50-54) | | 190 | | 140 | | 215 | 545 |
| M4 (55-59) | | 180 | | 130 | | 205 | 515 |
| M5 (60-64) | Leonard M. 03 - 09 | 160,5 | | 120 | Leonard M. 03 - 09 | 200 | 475 |
| M6 (65-69) | | 135 | | 105 | | 180 | 420 |
| M7 (70-74) | | 130 | | 90 | | 140 | 360 |
| M8 (75-79) | | 130 | | 90 | | 140 | 360 |
| M9 (80-84) | | 130 | | 90 | | 140 | 360 |
| M10 (85-90) | | 0 | | 0 | | 0 | 0 |

MEN - 125 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL |
|-------------|---------------------|-------|---------------------|-----|---------------------|-------|------------------------------|
| T1 (14-15) | Dechamps S. 03 - 09 | 230 | Dechamps S. 03 - 09 | 120 | Dechamps S. 03 - 09 | 230 | Dechamps S. 03 - 09 575 |
| T2 (16-17) | Dechamps Sebastien | 245 | Dechamps S. 03 - 09 | 120 | Dechamps Sebastien | 260 | Dechamps Sebastien 640 |
| T3 (18-19) | Dechamps Sebastien | 245 | Dechamps S. 03 - 09 | 120 | Dechamps Sebastien | 260 | Dechamps Sebastien 640 |
| JR (20-23) | Dechamps Jerome | 255 | | 150 | Dechamps Jerome | 272,5 | Dechamps Jerome 670 |
| SR (24-39) | Collart J-L 03 - 08 | 300 | Collart J-L 06 - 06 | 195 | Collart J-L 06 - 06 | 290 | Collart J-L 03 - 09 772,5 |
| M1 (40-44) | Collart J-L 03 - 09 | 292,5 | Collart J-L 06 - 06 | 195 | Collart J-L 06 - 06 | 290 | Collart J-L 03 - 09 772,5 |
| M2 (45-49) | Collart J-L 03 - 09 | 292,5 | Collart J-L 06 - 06 | 195 | Collart J-L 06 - 06 | 290 | Collart J-L 03 - 09 772,5 |
| M3 (50-54) | Collart Jean-Luc | 272,5 | | 145 | Collart Jean-Luc | 280 | Collart Jean-Luc 742,5 |
| M4 (55-59) | | 190 | | 135 | | 215 | 540 |
| M5 (60-64) | | 170 | | 125 | | 205 | 500 |
| M6 (65-69) | | 150 | | 110 | | 190 | 450 |
| M7 (70-74) | | 135 | | 95 | | 160 | 380 |
| M8 (75-79) | | 135 | | 95 | | 160 | 380 |
| M9 (80-84) | | 135 | | 95 | | 160 | 380 |
| M10 (85-90) | | 0 | | 0 | | 0 | 0 |

POWERLIFTING UNEQUIPPED : BDFPF RECORDS

MEN - 145 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------------------------------|-----|-------------------------------|-----|-------------------------------|-----|-------------------------------|-----|
| T1 (14-15) | | 160 | | 105 | | 180 | | 445 |
| T2 (16-17) | | 170 | | 110 | | 200 | | 480 |
| T3 (18-19) | Dechamps Sebastien(7/04/2012) | 250 | Dechamps Sebastien(7/04/2012) | 140 | Dechamps Sebastien(7/04/2012) | 280 | Dechamps Sebastien(7/04/2012) | 665 |
| JR (20-23) | Dechamps Sebastien(7/04/2012) | 250 | | 160 | Dechamps Sebastien(7/04/2012) | 280 | Dechamps Sebastien(7/04/2012) | 665 |
| SR (24-39) | Dechamps Jerome(7/04/2012) | 250 | | 180 | Dechamps Sebastien(7/04/2012) | 280 | | 675 |
| M1 (40-44) | | 220 | | 170 | | 250 | | 640 |
| M2 (45-49) | | 210 | | 160 | | 240 | | 610 |
| M3 (50-54) | | 200 | | 150 | | 230 | | 580 |
| M4 (55-59) | | 190 | | 140 | | 220 | | 550 |
| M5 (60-64) | | 170 | | 130 | | 210 | | 510 |
| M6 (65-69) | | 150 | | 115 | | 195 | | 460 |
| M7 (70-74) | | 140 | | 105 | | 170 | | 415 |
| M8 (75-79) | | 140 | | 105 | | 170 | | 415 |
| M9 (80-84) | | 140 | | 105 | | 170 | | 415 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |

MEN + 145 KG

| | SQUAT | | BENCH | | DEADLIFT | | TOTAL | |
|-------------|-------|-----|-------|-----|----------|-----|-------|-----|
| T1 (14-15) | | 160 | | 105 | | 180 | | 445 |
| T2 (16-17) | | 170 | | 115 | | 205 | | 490 |
| T3 (18-19) | | 190 | | 130 | | 225 | | 545 |
| JR (20-23) | | 205 | | 165 | | 240 | | 610 |
| SR (24-39) | | 235 | | 185 | | 265 | | 685 |
| M1 (40-44) | | 220 | | 175 | | 255 | | 650 |
| M2 (45-49) | | 210 | | 165 | | 245 | | 620 |
| M3 (50-54) | | 200 | | 155 | | 235 | | 590 |
| M4 (55-59) | | 190 | | 145 | | 225 | | 560 |
| M5 (60-64) | | 170 | | 135 | | 215 | | 520 |
| M6 (65-69) | | 150 | | 120 | | 200 | | 470 |
| M7 (70-74) | | 140 | | 105 | | 170 | | 415 |
| M8 (75-79) | | 140 | | 105 | | 170 | | 415 |
| M9 (80-84) | | 140 | | 105 | | 170 | | 415 |
| M10 (85-90) | | 0 | | 0 | | 0 | | 0 |