

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
T2		0	Desmet Cindy BEL 1996	40,5		0		0
T3	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Rutherford Haley ENG (28/3/15)	90	Rutherford Haley ENG (28/3/15)	190
JR	ROAZZI Giulia ITA (26/10/2019)	70	ROAZZI Giulia ITA (26/10/2019)	40	ROAZZI Giulia ITA (26/10/2019)	110	ROAZZI Giulia ITA (26/10/2019)	220
SR	Guthrie Karen IRE (12/11/2016)	75,5	Lane Barb ENG 1992	47,5	Guthrie Karen IRE (12/11/2016)	115,5	Guthrie Karen IRE (12/11/2016)	232,5
M1		0		0		0		0
M2	FLANAGAN Imelda ENG 10	70	Flanagan melda ENG 2009	37,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
M3	Flanagan Imelda ENG 2011	75	Flanagan melda ENG 2011	40	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
M4	REEVES P ENG 05	40	Reeves Pat ENG 2005	32,5	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
M5	REEVES P ENG 06	40	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 44 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bulhac Valentina MOL (1/11/2014)	67,5	Bulhac Valentina MOL (1/11/2014)	42,5	Bulhac Valentina MOL (1/11/2014)	75	Bulhac Valentina MOL (1/11/2014)	180
T2		45	Brost Shea USA 1996	42,5		52,5		122,5
T3	Rutherford Haley ENG (28/3/15)	65	Rutherford Haley ENG (28/3/15)	35	Rutherford Haley ENG (28/3/15)	90	Rutherford Haley ENG (28/3/15)	190
JR	ROAZZI Giulia ITA (26/10/2019)	70	ROAZZI Giulia ITA (26/10/2019)	40	ROAZZI Giulia ITA (26/10/2019)	110	ROAZZI Giulia ITA (26/10/2019)	220
SR	GEDNEY J. USA 05	92,5	Gedney Judith USA 1991	70	Guthrie Karen IRE (12/11/2016)	115,5	Gedney Judith USA 2005	250
M1	LOOMES Julie (2009) AUS	65	Loomes Julie AUS 2000	52,5	LOOMES Julie AUS 2000	110		220
M2	FLANAGAN Imelda ENG 10	70	Gedney Judith USA 1990	67,5	Flanagan Imelda ENG 2010	112,5	Flanagan Imelda ENG 2010	217,5
M3	Flanagan Imelda ENG 2011	75	Gedney Judith USA 1991	70	Flanagan Imelda ENG 2011	110	Flanagan Imelda ENG 2011	222,5
M4		50	Gedney Judith USA 1996	55	Reeves Pat ENG 2005	100	Reeves Pat ENG 2005	172,5
M5		47,5	Reeves Pat ENG 2006	32,5	Reeves Pat ENG 2006	97,5	Reeves Pat ENG 2006	167,5
M6	GEDNEY J. USA 05	92,5	Gedney Judith USA 2005	47,5	Gedney Judith USA 2008	113,5	Gedney Judith USA 2005	250
M7	Gedney Judith 2010	70	Gedney Judith USA (12/11/2011)	51	Gedney Judith USA 2010	115	Gedney Judith USA 2010	232,5
M8		35		25		45		105
M9		32,5		25		42,5		100
M10		30		25		35		90

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Rutherford Hayley SCT (12/11/2011)	62,5	Rutherford Hayley SCT (05/04/2014)	35,5	Rutherford Hayley SCT (12/11/2011)	82,5	Howell Mia GBR (5/05/2018)	127,5
T2	Lambeth Chloe ENG 08	77,5	THOMPSON Paula ENG 1990	40	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
T3	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
JR	Monaghan Amanda GBR (3/11/2018)	100	Monaghan Amanda GBR (3/11/2018)	53	Monaghan Amanda GBR (3/11/2018)	125	Monaghan Amanda GBR (3/11/2018)	270
SR	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
M1		0		0		0		0
M2		0	Cherbonnel Marie FRA 1992	76		0		0
M3		0	Boullé Lilliane FRA 1996	47,5		0		0
M4		0		0		0		0
M5	Reeves Pat ENG 07	40	Reeves Pat ENG 2007	35	Reeves Pat ENG 2007	100		172,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 47,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Rutherford Hayley SCT (12/11/2011)	62,5	Rutherford Hayley SCT (12/11/2011)	35,5	Rutherford Hayley SCT (12/11/2011)	82,5	Rutherford Hayley SCT (12/11/2011)	180
T2	Lambeth Chloe ENG 08	77,5	Brost Shea USA 1997	47,5	Lambeth Chloe ENG 2008	110	Lambeth Chloe ENG 2008	225
T3	Van Casteren Hanne BEL 11/02/17	85	Van Casteren Hanne BEL 11/02/17	50	Rutherford Hayley SCT (31/10/2015)	105	Van Casteren Hanne BEL 11/02/17	235
JR	Monaghan Amanda GBR (3/11/2018)	100	Monaghan Amanda GBR (3/11/2018)	53	Monaghan Amanda GBR (3/11/2018)	125	Monaghan Amanda GBR (3/11/2018)	270
SR	Debono Maria MAL (7/10/17)	106,5	Smith Suzanne ENG 1992	82,5	Tobias Lisa ENG (27/2/16)	145	Priore Silvia ITA (29/04/2017)	302,5
M1	Loomes July AUS 99	70	Kovalchik Paula USA 1999	70	LOOMES Julie AUS 1999	120		237,5
M2		60	Cherbonnel Marie FRA 1992	76		70		160
M3	LOOMES Julie AUS 09	65	Gedney Judith USA 1992	67,5	LOOMES Julie AUS 2009	110	Loomes Julie AUS 2009	222,5
M4	Gedney Judith USA 99	85	Gedney Judith USA 1997	57,5	Gedney Judith USA 1999	115	Gedney Judith USA 1999	250
M5	Gedney Judith USA 04	95	Gedney Judith USA 2002	50,5	Gedney Judith USA 2004	115,5	Gedney Judith USA 2004	257,5
M6	Gedney Judith USA 06	85	Gedney Judith USA 2009	49	Gedney Judith USA 2009	113	Gedney Judith USA 2006	242,5
M7		40		25		52,5		117,5
M8		37,5		25		50		112,5
M9		35		25		45		105
M10		32,5		25		37,5		95

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
T2	Rutherford Hayley SCT 07/04/2013	68	Rutherford Hayley SCT 07/04/2013	37,5	Rutherford Hayley SCT 07/04/2013	90	Rutherford Hayley SCT 07/04/2013	195
T3	Pierce Serena IRE (4/11/2017)	65,5	Wilson Danielle GBR (25/02/2017)	40	Wilson Danielle GBR (25/02/2017)	95	Wilson Danielle GBR (27/02/2017)	197,5
JR	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
SR	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
M1	Arthur Frances IRE (27/04/2019)	85	Arthur Frances IRE (26/10/2019)	60,5	Arthur Frances IRE (26/10/2019)	130	Arthur Frances IRE (26/10/2019)	272,5
M2	Massidda Sere GBR (20/06/19)	85	Cherbonnel Marie FRA 1993	77,5	Nualart Jo GBR (11/10/21)	127,5	Nualart Jo GBR (11/10/21)	260
M3	Watson Lesley ENG 03	57,5	Guinard Marie FRA 1993	65	Watson Lesley ENG 03	100	Watson Lesley ENG 03	222,5
M4	MacDonald Fiona GBR (25/02/2017)	62,5	MacDonald Fiona GBR (25/02/2017)	45	MacDonald Fiona GBR (25/02/2017)	105	McGee Sharon N.IR (12/11/2011)	165
M5	Reeves Pat ENG 09	25		32,5	Reeves Pat ENG 2009	100	Reeves Pat ENG 2009	157,5
M6	Tombs Patricia ENG 07/04/2013	72,5	Tombs Patricia ENG (27/02/16)	45,5	Tombs Patricia ENG (27/02/16)	105	Tombs Patricia ENG (28/3/15)	212,5
M7	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 50,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Wyss Chloë SWI (31/10/2015)	62,5	Wyss Chloë SWI (31/10/2015)	35	Wyss Chloë SWI (31/10/2015)	72,5	Wyss Chloë SWI (31/10/2015)	167,5
T2	Rutherford Hayley SCT 07/04/2013	68	Bodlak Melanie USA 1996	50	Rutherford Hayley SCT 07/04/2013	90	Rutherford Hayley SCT 07/04/2013	195
T3	Pierce Serena IRE (4/11/2017)	65,5	Glines Amber USA 1997	45	Faith Wood USA (27/7/18)	96	Wilson Danielle GBR (27/02/2017)	197,5
JR	Cassar Jen ENG (31/10/2015)	105,5	Zarubina Natalia RUS 2006	65	Hourihane Anna IRE (18/04/2015)	130,5	Zaburina Natalia RUS 2006	300
SR	Tatman Leoni GBR (25/02/2017)	113,5	Smith Suzanne ENG 1993	85	Bertoli Maruska ITA (31/10/2015)	155	Bertoli Maruska ITA (31/10/2015)	340
M1	Arthur Frances IRE (27/04/2019)	85	Frazier Shellaine USA 13/07/2013	65	Arthur Frances IRE (26/10/2019)	130	Arthur Frances IRE (26/10/2019)	272,5
M2	Massidda Sere GBR (20/06/19)	85	Cherbonnel Marie FRA 1993	77,5	Nualart Jo GBR (11/10/21)	127,5	Nualart Jo GBR (11/10/21)	260
M3	Gow Rose AUS 06/09/14	77,5	Guinard Marie FRA 1993	65	Gow Rose AUS (6/9/14)	132,5	Gow Rose AUS (6/9/14)	257,5
M4	MacDonald Fiona GBR (25/02/2017)	62,5	Gedney Judith USA 1998	65	MacDonald Fiona GBR (25/02/2017)	105	McGee Sharon N.IR (12/11/2011)	165
M5	Gedney Judith USA 03	92,5	Gedney Judith USA 2003	45	Gedney Judith USA 2003	115	Gedney Judith USA 2003	250
M6	Tombs Patricia ENG 07/04/2013	72,5	LaFontaine Linda USA 17/8/19	50	Tombs Patricia ENG (27/02/16)	105	LaFontaine Linda USA 17/8/19	215
M7	Tombs Patricia GBR (25/02/2017)	65	Tombs Patricia GBR (25/02/2017)	47,5	Tombs Patricia GBR (25/02/2017)	105	Tombs Patricia ENG (27/3/2017)	217,5
M8		40		25		55		120
M9		37,5		25		47,5		110
M10		35		25		40		100

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Phillips Becky IRE (7/5/16)	80	Jutla Rithika GBR (26/10/2019)	37,5	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
T2	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
T3	Butters Bobbie ENG (2/11/2013)	120	Butters Bobbie ENG (2/11/2013)	65	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
JR	Walker Sophie ENG (27/02/16)	117,5	Smith Nichol GBR (20/06/19)	72,5	Smith Nichol GBR (20/06/19)	140,5	Smith Nichol GBR (20/06/19)	322,5
SR	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
M1	Vitale Barbara ITA (26/10/2019)	115	Vitale Barbara ITA (26/10/2019)	80	Holohan Angela IRE (12/11/2016)	147,5	Vitale Barbara ITA (26/10/2019)	320
M2	Negodyuk Olga ukr (1/11/2014)	105	Richards Suzanne GBR (20/06/19)	67,5	Richards Suzanne GBR (20/06/19)	140,5	Lozano Rose FRA 2006	305
M3	Bethell Sue WAL (28/3/2015)	85	Soulard A. FRA 1992	60	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
M4	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	Bethell Sue WAL (27/2/2016)	295
M5	Bethell Sue WAL (11/10/21)	75	Bethell Sue WAL (11/10/21)	47,5	Bethell Sue WAL (11/10/21)	130	Bethell Sue WAL (11/10/21)	252,5
M6		65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 53 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Phillips Becky IRE (7/5/16)	80	Jutla Rithika GBR (26/10/2019)	37,5	Phillips Becky IRE (7/5/16)	105	Phillips Becky IRE (7/5/16)	215
T2	Butter Bobbie ENG 07/04/2013	95	Butters Bobbie ENG 07/04/2013	55	Butters Bobbie ENG 07/04/2013	126,5	Butters Bobbie ENG 07/04/2013	275
T3	Butters Bobbie ENG (2/11/2013)	120	Blisset Tanya USA 1997	82,5	Butters Bobbie ENG (2/11/2013)	140	Butters Bobbie ENG (2/11/2013)	325
JR	Walker Sophie ENG (27/02/16)	117,5	Smith Nichol GBR (20/06/19)	72,5	Smith Nichol GBR (20/06/19)	140,5	Smith Nichol GBR (20/06/19)	322,5
SR	Bertoli Maruska ITA (29/04/2017)	125	Blindt Annette ENG 1991	87,5	Bertoli Maruska ITA (29/04/2017)	165	Bertoli Maruska ITA (29/04/2017)	365
M1	Vitale Barbara ITA (26/10/2019)	115	Vitale Barbara ITA (26/10/2019)	80	Holohan Angela IRE (12/11/2016)	147,5	Vitale Barbara ITA (26/10/2019)	320
M2	Negodyuk Olga ukr (1/11/2014)	105	Frazier Shellaine USA 24/6/17	76	Richards Suzanne GBR (26/10/2019)	140,5	Lozano Rose FRA 2006	305
M3	Bethell Sue WAL (28/3/2015)	85	Sullivan Sue USA 1996	67,5	Bethell Sue WAL (18/04/2015)	150	Bethell Sue WAL (28/3/2015)	280
M4	Bethell Sue WAL (27/02/16)	87,5	MacDonald Fiona GBR (29/07/2018)	55	Bethell Sue WAL (27/02/16)	155	Bethell Sue WAL (27/2/2016)	295
M5	Bethell Sue WAL (11/10/21)	75	Bethell Sue WAL (11/10/21)	47,5	Bethell Sue WAL (11/10/21)	130	Bethell Sue WAL (11/10/21)	252,5
M6	LaFontaine Linda USA (4/11/2017)	65	LaFontaine Linda USA (4/11/2017)	47,5	LaFontaine Linda USA (4/11/2017)	95	LaFontaine Linda USA (4/11/2017)	207,5
M7		47,5		27,5		62,5		137,5
M8		42,5		25		57,5		125
M9		40		25		50		115
M10		37,5		25		42,5		105

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WOMENS - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Rayner Lucy ENG 07/04/2013	105	Rayner Lucy ENG 07/04/2013	245
T2	Adabasi Tola IRE (7/5/16)	87,5	Cambi Anna ITA (29/04/2017)	55	Donohue Amy IRE (18/04/2015)	120	Donohue Amy IRE (18/04/2015)	247,5
T3	Donohue Amy IRE (15/08/2015)	92,5	Cerba Ina MOL (1/11/2014)	57,5	Donohue Amy IRE (15/08/2015)	125	Donohue Amy IRE (15/08/2015)	255
JR	O'Riordan Laura IRE (31/10/2015)	112,5	Walker Sophie ENG (28/3/15)	62,5	Downey Rachel IRE (7/5/16)	140,5	O'Riordan Laura IRE (31/10/2015)	305
SR	James Aillicia GBR(04/11/2017)	120	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	Fox Louise GBR(7/4/12)	345
M1	Lozana Rose FRA 2001	105	Lozano Rose FRA 2005	64	Fox Louise ENG (27/10/2012)	142,5	Lozano Rose FRA 2001	307,5
M2	Evans Wendy GBR (25/02/2017)	112,5	Evans Wendy GBR (25/02/2017)	66	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
M3	Lozano Rose FRA (28/3/15)	105,5	Lozano Rose FRA (12/11/2011)	60	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
M4	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 55,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Rayner Lucy ENG 07/04/13	85	Rayner Lucy ENG 07/04/2013	55	Steed Mary AUS 2007	110	Rayner Lucy ENG 07/04/2013	245
T2	Adabasi Tola IRE (7/5/16)	87,5	Bodlak Melanie USA 1997	60	Donohue Amy IRE (18/04/2015)	120	Donohue Amy IRE (18/04/2015)	247,5
T3	Donohue Amy IRE (15/08/2015)	92,5	Blisset Tanya USA 1997	82,5	Donohue Amy IRE (15/08/2015)	125	Donohue Amy IRE (15/08/2015)	255
JR	O'Riordan Laura IRE (31/10/2015)	112,5	Baum Laura USA 24/6/17	67,5	Downey Rachel IRE (7/5/16)	140,5	Baum Laura USA 24/6/17	307,5
SR	Mattingly Carmella USA(13/07/2013)	132,25	Blindt Annette ENG 1992	87,5	Fox Louise ENG 2011	170	Fox Louise GBR(7/4/12)	345
M1	Mattingly Carmella USA 13/07/13	132,5	Mattingly Carmella USA 13/07/2013	72,5	Fox Louise ENG (27/10/2012)	142,5	Mattingly Carmella USA 13/07/2013	347,5
M2	Evans Wendy GBR (25/02/2017)	112,5	Frazier Shellaine USA 11/06/16	72,5	Evans Wendy GBR (25/02/2017)	141	Evans Wendy GBR (27/02/2017)	317,5
M3	Lozano Rose FRA (28/3/15)	105,5	Elwyn Susan USA 1997	65	Lozano Rose FRA (12/11/2011)	137,5	Lozano Rose FRA (12/11/2011)	297,5
M4	Lozano Rose FRA (19/3/16)	105	Lozano Rose FRA (19/3/16)	57,5	Lozano Rose FRA (25/3/17)	130	Lozano Rose FRA (19/3/16)	282,5
M5		62,5	Roy Bernice USA 1996	35		72,5		167,5
M6		60		30		70		160
M7		50		27,5		65		142,5
M8		45		25	Rodda Jonnie AUS 2007	62,5		132,5
M9	Rodda Jonnie AUS 2007	55,5		25		55	Rodda Jonnie AUS 2007	170
M10		40		25		45		110

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WOMENS - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Ducker Shaoifra IRE (7/5/16)	65	Ducker Shaoifra IRE (7/5/16)	37,5	Ducker Shaoifra IRE (7/5/16)	100	Ducker Shaoifra IRE (7/5/16)	202,5
T2	McCann Briget GBR (20/06/19)	100	Cozzetto Milena ITA (12/11/2016)	50	MacMenenmy Isobel GBR (20/06/19)	125	MacMenenmy Isobel GBR (20/06/19)	262,5
T3	Palmer Hannah GBR (20/06/19)	91	Palmer Hannah GBR (20/06/19)	55,5	Palmer Hannah GBR (20/06/19)	135	Palmer Hannah GBR (20/06/19)	300
JR	Puricelli Lucia GBR (25/02/2017)	130,5	Hannant Amber GBR (4/11/2017)	80	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
SR	Raja Sunita GBR (26/10/2019)	140	Raja Sunita GBR (26/10/2019)	87,5	Wuyts Helen BEL (12/11/2011)	180	Raja Sunita GBR (26/10/2019)	400
M1	Neirinck Zoe IRE (7/5/16)	105	Mallia Tamasin MAL (27/04/2019)	63	Baykal Pelin ENG (2/11/2013)	145	Baykal Pelin ENG (2/11/2013)	310
M2	Evans Wendy WAL (27/02/16)	115	Richards Suzanne GBR (11/10/21)	73	Richards Suzanne GBR (11/10/21)	135,5	Evans Wendy WAL (27/02/16)	302,5
M3	Bethell Sue WAL (2/11/2013)	85,5	Hannis Amanda GBR (25/02/2017)	55	Bethell Sue WAL (2/11/2013)	145,5	Bethell Sue ENG 07/4/2013	275
M4	Iaccarino Teresa ITA 2004	70	Iaccarino Teresa ITA 2004	40	Iaccarino Teresa ITA 2007	100	Iaccarino Teresa ITA 2004	210
M5	Morgan-Jones Alice USA (4/11/2017)	88	Morgan-Jones Alice USA (4/11/2017)	60,5	Morgan-Jones Alice USA (4/11/2017)	115	Morgan-Jones Alice USA (4/11/2017)	262,5
M6	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
M7	Walter Helen Catherine GBR (12/11/20)	95	Walter Helen Catherine GBR (29/07/20)	37,5	Walter Helen Catherine GBR (26/10/20)	101	Walter Helen Catherine GBR (12/11/20)	225
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 58,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Ducker Shaoifra IRE (7/5/16)	65	Ducker Shaoifra IRE (7/5/16)	37,5	Ducker Shaoifra IRE (7/5/16)	100	Ducker Shaoifra IRE (7/5/16)	202,5
T2	McCann Briget GBR (20/06/19)	100	Sarris Maria USA 1996	52,5	MacMenenmy Isobel GBR (20/06/19)	125	MacMenenmy Isobel GBR (20/06/19)	262,5
T3	Palmer Hannah GBR (20/06/19)	91	Tollefsen Jill USA 1997	68	Palmer Hannah GBR (20/06/19)	135	Palmer Hannah GBR (20/06/19)	300
JR	Puricelli Lucia GBR (25/02/2017)	130,5	Schultz Rea USA 1999	87,5	Wuyts Helen BEL (12/11/2011)	180	Wuyts Helen BEL (12/11/2011)	375
SR	Raja Sunita GBR (26/10/2019)	140	Altizer Betina USA 1991	102,5	Wuyts Helen BEL (12/11/2011)	180	Raja Sunita GBR (26/10/2019)	400
M1	Neirinck Zoe IRE (7/5/16)	105	Brady Sandy USA 1992	70,5	Baykal Pelin ENG (2/11/2013)	145	Baykal Pelin ENG (2/11/2013)	310
M2	Evans Wendy WAL (27/02/16)	115	Davis Pamela USA 1994	75	Richards Suzanne GBR (11/10/21)	135,5	Evans Wendy WAL (27/02/16)	302,5
M3	Bethell Sue WAL (2/11/2013)	85,5	Hannis Amanda GBR (25/02/2017)	55	Bethell Sue WAL (2/11/2013)	145,5	Bethell Sue ENG 07/4/2013	275
M4	Kyle Cheryl USA 17/8/19	85	Hayes Nancy USA 1997	65	Kyle Cheryl USA 17/8/19	128	Kyle Cheryl USA 17/8/19	265
M5	Morgan-Jones Alice USA (4/11/2017)	88	Morgan-Jones Alice USA (4/11/2017)	60,5	Morgan-Jones Alice USA (4/11/2017)	115	Morgan-Jones Alice USA (4/11/2017)	262,5
M6	Walker Chaterine ENG (28/3/15)	90	Baron Marie Frances FRA 25/3/17	55	Baron Marie Frances FRA 25/3/17	140	Baron Marie Frances FRA 25/3/17	280
M7	Walter Helen Catherine GBR (12/11/20)	95	Walter Helen Catherine GBR (29/07/20)	37,5	Walter Helen Catherine GBR (26/10/20)	101	Walter Helen Catherine GBR (12/11/20)	225
M8	Rodda Margeret AUS 2006	52,5		30		65		140
M9		45	Rodda Margaret AUS 2006	30	Rodda Margaret AUS 2006	70	Rodda Margaret AUS 2006	152,5
M10		42,5		25		47,5		115

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bobbio Jessica ITA 2005	95	Rickwood Frankie ENG (28/3/15)	56		105	Bobbio Jesica ITA 2005	242,5
T2	Rickwood Frankie ENG (28/3/15)	97,5	KRISTY Freeburn (2009) ENG	58	Rickwood Frankie ENG (28/3/15)	125	Rickwood Frankie ENG (28/3/15)	277,5
T3	CASAGRANDA FEDERICA ITA (26/10)	135	Wuyts Helen BEL 2009	70	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
JR	Wuyts Helen BEL (7/4/12)	125	Wuyts Helen BEL (27/10/2012)	75,5	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
SR	Jones Rebecca GBR (3/11/2018)	155	Hannant Amber GBR (20/06/19)	90	Folami Habee GBR (3/11/2018)	192,5	Folami Habee GBR (3/11/2018)	400
M1	Lapustea Simona ITA (3/11/2018)	130	Dalzien Karen GBR (20/06/19)	77,5	Poole Nicola GBR (3/11/2018)	170	Dalzien Karen GBR (20/06/19)	360
M2	Neirinck Zoe IRE (27/04/2019)	122,5	Bourdon Veronique FRA 2006	80	Le Blevenec Nina FRA (26/10/2019)	155,5	Stocker Samantha GBR (29/07/2018)	325
M3	Bourdon Veronique FRA (31/3/2012)	105	Bourdon Veronique FRA (31/3/2012)	76	Bourdon Veronique FRA (31/3/2012)	150	Bourdon Veronique FRA (12/11/2011)	317,5
M4	Bourdon Veronique FRA (23/3/2013)	102,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Bourdon Veronique FRA (23/03/2013)	322,5
M5	BOURDON Véronique FRA (30/03/19)	97,5	Bourdon Veronique FRA (31/3/18)	70	BOURDON Véronique FRA (30/03/19)	132,5	BOURDON Véronique FRA (30/03/19)	295
M6	Walker Suzan GBR (20/06/19)	75	Walker Suzan GBR (20/06/19)	50	Walker Suzan GBR (20/06/19)	110	Walker Suzan GBR (20/06/19)	235
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 63 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bobbio Jessica ITA 2005	95	Chapman Crystal USA 1995	57,5	Steed Mary AUS 2008	130	Bobbio Jesica ITA 2005	242,5
T2	Bushmire Beth USA 1999	100	KRISTY Freeburn (2009) ENG	58	Rickwood Frankie ENG (28/3/15)	125	Rickwood Frankie ENG (28/3/15)	277,5
T3	CASAGRANDA FEDERICA ITA (26/10)	135	Collar Sarah USA 1992	77,5	Wuyts Helen BEL 2009	165	Wuyts Helen BEL 2009	350
JR	Goodson Natalie USA 2000	125	Taka Rae Lee NZL 2000	80	Wuyts Helen BEL (7/4/2012)	182,5	Wuyts Helen BEL (7/4/12)	382,5
SR	Jones Rebecca GBR (3/11/2018)	155	Hannant Amber GBR (20/06/19)	90	Folami Habee GBR (3/11/2018)	192,5	Folami Habee GBR (3/11/2018)	400
M1	Lapustea Simona ITA (3/11/2018)	130	Dalzien Karen GBR (20/06/19)	77,5	Poole Nicola GBR (3/11/2018)	170	Dalzien Karen GBR (20/06/19)	360
M2	Neirinck Zoe IRE (27/04/2019)	122,5	Bourdon Veronique FRA 2006	80	Le Blevenec Nina FRA (26/10/2019)	155,5	Stocker Samantha GBR (29/07/2018)	325
M3	Bourdon Veronique FRA (31/3/2012)	105	Bourdon Veronique FRA (31/3/2012)	76	Bourdon Veronique FRA (31/3/2012)	150	Bourdon Veronique FRA (12/11/2011)	317,5
M4	Kostadinov Helen AUS 2003	115,5	Bourdon Veronique FRA (2/11/2013)	72,5	Bourdon Veronique FRA (23/3/2013)	150	Kostadinov Helen AUS 2000	325
M5	Kostadinov Helen AUS 2007	110	Bourdon Veronique FRA (31/3/18)	70	Kostadinov Helen AUS 2007	140	Kostadinov Helen AUS 2007	315
M6	Kostadinov Helen AUS 2008	102,5	KOSTADINOS Helen AUS 2008	62,5	Kostadinov Helen AUS 2008	135	Kostadinov Helen AUS 2008	300
M7	Kostadinov Helen AUS (31/10/2015)	87,5	Kostadinov Helen AUS (31/10/2015)	55	Kostadinov Helen AUS (31/10/2015)	130	Kostadinov Helen AUS (31/10/2015)	270
M8		50		30		67,5		155
M9		47,5		27,5		62,5		137,5
M10		45		25		50		120

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Duncan Esther USA (4/11/2017)	105,5	Duncan Esther USA (4/11/2017)	52,5	Duncan Esther USA (4/11/2017)	117,5	Duncan Esther USA (4/11/2017)	267,5
T2	Russo Aurora ITA (12/11/2016)	91	Willan Emma ENG 1993	70	Russo Aurora ITA (12/11/2016)	120	Russo Aurora ITA (31/10/2015)	275
T3	Muir Jeniffer GBR (20/06/19)	122,5	Willan Emma ENG 1994	75	Muir Jeniffer GBR (20/06/19)	157,5	Muir Jeniffer GBR (20/06/19)	347,5
JR	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Joshi Poppy GBR (03/11/2018)	171,5	Jäggi Nora SWI 18/2/17	382,5
SR	MacPherson Charlotte GBR (26/10/2017)	160	MacPherson Charlotte GBR (26/10/2017)	95	Haslam* Melanie GBR (25/02/2017)	187,5	MacPherson Charlotte GBR (26/10/2017)	437,5
M1	Gandiwa Beauty ENG (27/02/16)	135	Taylor Angela ENG (2/11/2013)	77,5	Gandiwa Beauty GBR (12/11/2016)	170	Gandiwa Beauty GBR (12/11/2016)	380
M2	Barry Karen IRL (31/10/2015)	135	Barry Karen IRL (31/10/2015)	70	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
M3	Estel Sophie FRA (31/3/18)	123	Perrone Susana ITA (12/11/2016)	75	Estel Sophie FRA (19/3/16)	150	Loi Teresa MPF ITA (12/11/2016)	332,5
M4	Dreyer Gibney Katrin IRE (26/10/2019)	107,5	Sheremenko Svitlana UKR (1/11/2014)	62,5	Dreyer Gibney Katrin IRE (5/05/2018)	137,5	Müller Daniela GER (26/10/2019)	297,5
M5	Liege M-Christine FRA (30/03/19)	97,5	Liege M-Christine FRA (30/03/19)	65	Liege M-Christine FRA (30/03/19)	127,5	Liege M-Christine FRA (30/03/19)	290
M6	Sage Maureen ENG 2004	45	Sage Maureen ENG 2004	40	Sage Maureen ENG 2004	100		185
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 70 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Duncan Esther USA (4/11/2017)	105,5	Houser Alexia USA 1995	55	Duncan Esther USA (4/11/2017)	117,5	Duncan Esther USA (4/11/2017)	267,5
T2	Russo Aurora ITA (12/11/2016)	91	Willan Emma ENG 1993	70	Steed Mary AUS 2009	142,5	Russo Aurora ITA (31/10/2015)	275
T3	Muir Jeniffer GBR (20/06/19)	122,5	Willan Emma ENG 1994	75	Muir Jeniffer GBR (20/06/19)	157,5	Muir Jeniffer GBR (20/06/19)	347,5
JR	Jones Rebecca GBR (25/02/2017)	145	Jäggi Nora SWI 18/2/17	77,5	Joshi Poppy GBR (03/11/2018)	171,5	Jäggi Nora SWI 18/2/17	382,5
SR	MacPherson Charlotte GBR (26/10/2017)	160	Pierce Jackie USA 1998	105	Haslam* Melanie GBR (25/02/2017)	187,5	MacPherson Charlotte GBR (26/10/2017)	437,5
M1	Gandiwa Beauty ENG (27/02/16)	135	Taylor Angela ENG (2/11/2013)	77,5	Gandiwa Beauty GBR (12/11/2016)	170	Gandiwa Beauty GBR (12/11/2016)	380
M2	Barry Karen IRL (31/10/2015)	135	Barry Karen IRL (31/10/2015)	70	Twomey Helen IRE (7/5/16)	175	Twomey Helen IRE (7/5/16)	352,5
M3	Estel Sophie FRA (31/3/18)	123	Burr Carol USA 2008	77,5	Burr Carol USA 2008	165	Burr Carol USA 2008	340
M4	Kostadinov Helen AUS 2002	117,5	KOSTADINOV Helen AUS 2002	72,5	Kostadinov Helen AUS 2002	150	Kostadinov Helen AUS 2002	335
M5	Kostadinov Helen AUS 2008	107,5	KOSTADINOV Helen AUS 2008	65,5	Kostadinov Helen AUS 2008	140	Kostadinov Helen AUS 2008	312,5
M6	Kostadinov Helen AUS 2009	95	KOSTADINOV Helen AUS 2009	60	Kostadinov Helen AUS 2009	127,5	Kostadinov Helen AUS 2009	282,5
M7	Walker Kate USA 17/8/19	60	Walker Kate USA 17/8/19	40	Walker Kate USA 17/8/19	85	Walker Kate USA 17/8/19	185
M8		52,5		32,5		70		155
M9		50		30		65		145
M10		47,5		27,5		52,5		127,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Bell Alicia GBR (29/07/2018)	260
T2	Head Shachar ENG (2/11/2013)	145	Head Shachar ENG (2/11/2013)	75	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
T3	Head Shachar ENG (28/3/15)	150	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
JR	Swankie Kara GBR (20/06/19)	150	Marsh Natalie GBR (4/11/2017)	95	Swankie Kara GBR (20/06/19)	200	Swankie Kara GBR (20/06/19)	430
SR	Anderson Mary SCT 2008	160	Coulon C. FRA 1990	97,5	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
M1	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
M2	Anderson Mary GBR (28/03/15)	150	Allen Amelia GBR (20/06/19)	90	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
M3	Bush Mandy J GBR (27/04/2019)	125	Perrone Susana ITA (31/10/2015)	75	Bush Mandy J GBR (27/04/2019)	185	Bush Mandy J GBR (27/04/2019)	377,5
M4	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (26/10/2019)	70,5	Ishchenko Liudmyla UKR (12/11/2016)	130,5	Ishchenko Liudmyla UKR (12/11/2016)	310
M5	Farrel Matilda IRE (14/4/14)	75	Farrel Matilda IRE (14/4/14)	60	Farrel Matilda IRE (14/4/14)	112,5	Farrel Matilda IRE (14/4/14)	247,5
M6		0	Farrell Imelda IRE (1/11/2014)	47,5		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 80 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Head Shachar ENG (12/11/2011)	125,5	Dechamps Nadege BEL (7/4/12)	86,5	Dechamps Nadege BEL (7/4/12)	160	Dechamps Nadege BEL (7/4/12)	357,5
T2	Head Shachar ENG (2/11/2013)	145	Eisenberg Erin USA 1995	77,5	Ellington Danielle GBR (25/02/2017)	182,5	Head Shachar ENG (2/11/2013)	390
T3	Head Shachar ENG (28/3/15)	150	Head Shachar ENG (28/3/15)	82,5	Jäggi Nora SWI 1/10/2014)	207,5	Jäggi Nora SWI 1/10/2014)	422,5
JR	Swankie Kara GBR (20/06/19)	150	Marsh Natalie GBR (4/11/2017)	95	Swankie Kara GBR (20/06/19)	200	Swankie Kara GBR (20/06/19)	430
SR	Anderson Mary SCT 2008	160	Oajen Betsy USA 1996	115	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
M1	Anderson Mary SCT 2008	160	Anderson Mary SCT 2009	95	Anderson Mary SCT (12/11/2011)	196	ANDERSON Mary SCO 2009	432,5
M2	Anderson Mary GBR (28/03/15)	150	Allen Amelia GBR (20/06/19)	90	Anderson Mary GBR (12/11/2016)	185,5	Anderson Mary SCT (28/3/15)	422,5
M3	Bush Mandy J GBR (27/04/2019)	125	Duncan Karen USA 1995	82,5	Bush Mandy J GBR (27/04/2019)	185	Bush Mandy J GBR (27/04/2019)	377,5
M4	Ishchenko Liudmyla UKR (12/11/2016)	115	Ishchenko Liudmyla UKR (26/10/2019)	70,5	Burr Carol USA (4/11/2017)	140	Ishchenko Liudmyla UKR (12/11/2016)	310
M5	CASTANELLI Dianne (2009) AUS	100,5	Farrel Matilda IRE (14/4/14)	60	Castanelli Dianne AUS 2009	120	Castanelli Dianne AUS 2009	270,5
M6	Cloninger Grace USA 2001	90	Cloninger Dianne AUS 2001	55	Cloninger Grace USA 2001	112,5	Cloninger Grace USA 2001	257,5
M7		60		37,5		77,5		175
M8		55		35		75		165
M9		52,5		32,5		70		155
M10		50		27,5		52,5		130

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Alicia GBR (27/04/2019)	115	Bell Alicia GBR (20/06/19)	70	Bell Alicia GBR (20/06/19)	140	Bell Alicia GBR (20/06/19)	312,5
T2	Winfield Lauren GBR (20/06/19)	125	Bennett Gabriella ENG 2010	62,5	Bennett Gabrielle ENG 10	142,5	Winfield Lauren GBR (20/06/19)	315
T3	Bennett Gabrielle ENG (7/4/12)	126	Bennett Gabriella ENG (7/4/12)	65	Bennett Gabrielle ENG (7/4/12)	152,5	Bennett Gabrielle ENG (7/4/12)	342,5
JR	DI PERNA MICOL ITA (26/10/2019)	140,5	DI PERNA MICOL ITA (26/10/2019)	78	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
SR	Cunningham Bernadette GBR (25/02/2	155	Cunninghame Bernie SCT (31/10/15)	107,5	Saussois Gladys FRA 2007	197,5	Cuninghame Bernie GBR (12/11/2016)	430
M1	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
M2	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
M3		92,5		52,5		115		260
M4		0		0		0		0
M5	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

WOMENS - 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Alicia GBR (27/04/2019)	115	Bell Alicia GBR (20/06/19)	70	Bell Alicia GBR (20/06/19)	140	Bell Alicia GBR (20/06/19)	312,5
T2	Winfield Lauren GBR (20/06/19)	125	Beachler Lisa USA 1999	90	Bennett Gabrielle ENG 10	142,5	Beacher Lisa USA 99	332,5
T3	Bennett Gabrielle ENG (7/4/12)	126	Eisenberg Erin USA 1996	80	Bennett Gabrielle ENG (7/4/12)	152,5	Bennett Gabrielle ENG (7/4/12)	342,5
JR	DI PERNA MICOL ITA (26/10/2019)	140,5	DI PERNA MICOL ITA (26/10/2019)	78	Lane Olivia IRE (31/10/2015)	190	Lane Olivia IRE (31/10/2015)	390
SR	Anderson Mary SCO 8/4/16	155	Cunninghame Bernie SCT (31/10/15)	107,5	Saussois Gladys FRA 2007	197,5	Cuninghame Bernie GBR (12/11/2016)	430
M1	Anderson Mary SCO 210	147,5	Anderson Mary	90	Anderson Mary SCT 2010	192,5	Anderson Mary SCO 2010	420
M2	Anderson Mary SCO 8/4/16	141	Anderson Mary SCO 8/4/16	90	Anderson Mary SCO 8/4/16	170	Anderson Mary SCO 8/4/16	400
M3	Wright Judith AUS 2001	117,5	Wright Judy AUS 2001	60	Wright Judy AUS 2001	146	Wright Judy AUS 2001	322,5
M4		85	Trevorah Ellen USA 1993	75		107,5		242,5
M5	Brown Rachel USA (4/11/2017)	92,5	Brown Rachel USA (4/11/2017)	63	Brown Rachel USA (4/11/2017)	135	Brown Rachel USA (4/11/2017)	287,5
M6		75		42,5		95		212,5
M7		67,5		40		85		192,5
M8		60		37,5		80		177,5
M9		55		35		75		165
M10		52,5		27,5		70		135

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

WOMENS + 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		0		0		0	0
T2	O'Donnel Amelia GBR (20/06/19)	145	O'Donnel Amelia GBR (20/06/19)	67,5	O'Donnel Amelia GBR (20/06/19)	180	O'Donnel Amelia GBR (20/06/19) 385
T3		0		0		0	0
JR	Hynes Pippa GBR (20/06/19)	107,5	Hynes Pippa GBR (20/06/19)	65	Mc Morrow Ruth IRE (27/04/2019)	125	Hynes Pippa GBR (20/06/19) 297,5
SR	Greene Deidre USA (4/11/2017)	181	Saussois Gladys FRA 2007	112,5	Saussois Gladys FRA 2008	210	Greene Deidre USA (4/11/2017) 492,5
M1	Thompson Polly GBR (25/02/2017)	165	Samson Leigh GBR (29/07/2018)	95	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016) 412,5
M2	Thompson Polly GBR (20/6/19)	170	Laird Joanne GBR (11/10/21)	90	Thompson Polly GBR (3/11/2018)	200	Thompson Polly GBR (26/10/2019) 435
M3		0		0		0	0
M4		0		0		0	Margraves Sharri USA (4/11/2017) 365
M5		0		0		0	0
M6		0		0		0	0
M7		0		0		0	0
M8		0		0		0	0
M9		0		0		0	0
M10		0		0		0	0

WORLD RECORDS

WOMENS + 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		77,5		45		52,5	215
T2	O'Donnel Amelia GBR (20/06/19)	145	O'Donnel Amelia GBR (20/06/19)	67,5	O'Donnel Amelia GBR (20/06/19)	180	O'Donnel Amelia GBR (20/06/19) 385
T3	DeVolder Keri USA 17/8/19	107,5	Kiriaki Lisa usa 1996	80	DeVolder Keri USA 17/8/19	125	DeVolder Keri USA 17/8/19 302,5
JR	Sullivan Stacey AUS 2001	140,5	Sullivan Stacey AUS 2001	82,5	Sullivan Stacey AUS 2001	172,5	Sullivan Stacey AUS 2001 392,5
SR	Greene Deidre USA (4/11/2017)	181	Regan Cyndi USA 1992	130	Saussois Gladys FRA 2008	210	Greene Deidre USA (4/11/2017) 492,5
M1	Thompson Polly GBR (25/02/2017)	165	Regan Cyndi USA 1992	130	Thompson Polly GBR (12/11/2016)	190	Thompson Polly GBR (12/11/2016) 412,5
M2	Thompson Polly GBR (20/6/19)	170	Regan Cyndi USA 1995	115	Thompson Polly GBR (3/11/2018)	200	Thompson Polly GBR (26/10/2019) 435
M3		102,5		60		120	282,5
M4	Margraves Sharri USA (4/11/2017)	128	Margraves Sharri USA (4/11/2017)	80,5	Margraves Sharri USA (4/11/2017)	165	Margraves Sharri USA (4/11/2017) 365
M5		87,5		52,5		105	245
M6		82,5		50		100	232,5
M7		75		45		90	210
M8		67,5		40		85	192,5
M9		60		37,5		80	177,5
M10		55		30		55	140

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
T2	Hons Matthew BEL 11/2/17	112,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
T3	Oger Oleksii UKR (1/11/2014)	90	Musik M POL 1993	77,5	Oger Oleksii UKR (1/11/2014)	107,5	Oger Oleksii UKR (1/11/2014)	267,5
JR	Merriman Owen GBR (21/06/19)	107,5	Merriman Owen GBR (21/06/19)	65	Bailey Joseph GBR (25/02/2017)	140	Bailey Joseph SCT (27/02/2017)	300
SR	Nurnazarov Vepa TKM (12/11/2011)	125	Forbes Brian IRE 1997	97,5	Nurnazarov Vepa TKM (12/11/2011)	176	Nurnazarov Vepa TKM (12/11/2011)	392,5
M1			Forbes Brian IRE 1997	97,5		0		0
M2		0		0		0		0
M3	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
M4		0	Andreiu Prospere FRA 1992	70		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 52 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Prepelita Vladimir MOL 2007	107,5	Prepelita Vladimir MOL 2007	70	Prepelita Vladimir MOL 2007	140	Prepelita Vladimir MOL 2007	312,5
T2	Seng Evan USA (10/10/20)	117,5	Miraglia Mattia ITA (5/05/2012)	82,5	Hons Matthew BEL (29/04/2017)	165	Hons Matthew BEL 11/2/17	350
T3	Wrenn Johnathan USA (12/11/2011)	142,5	Wrenn Johnathan USA (12/11/2011)	90	Wrenn Johnathan USA (12/11/2011)	160	Wrenn Johnathan USA (12/11/2011)	392,5
JR	Wrenn Johnathon USA (27/10/2012)	150	Wrenn Johnathon USA (27/10/2012)	95	Wrenn Johnathon USA (27/10/2012)	172,5	Wrenn Johnathon USA (27/10/2012)	417,5
SR	Wrenn Johnathon USA (27/10/2012)	150	Nguyen Doan USA 1993	110	Nurnazarov Vepa TKM (12/11/2011)	176	Wrenn Johnathon USA (27/10/2012)	417,5
M1		107,5	Forbes Brian IRE 1997	97,5		120		305
M2		102,5		72,5		115		290
M3	Forbes Brian IRE 2010	120,5	Forbes Brian IRE 2010	82,5	Forbes Brian IRE 2010	160,5	Forbes Brian IRE 2010	357,5
M4		92,5	Andreiu Prospere FRA 1992	70		105		265
M5		87,5		65		100		252,5
M6		85		60		92,5		237,5
M7		72,5		52,5		80		205
M8		65		47,5		72,5		185
M9		57,5		42,5		65		165
M10		52,5		37,5		57,5		147,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	DE BONIS DAVIDE ITA (29/04/2017)	120	DE BONIS DAVIDE ITA (29/04/2017)	75	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
T2	PREPELITA Vladimir (2008) MOL	135	Prepelita Vladimir MOL 2008	87,5	AIKMAN JNR David (2009) SCO	163	Prepelita Vladimir MOL 2008	377,5
T3	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
JR	Miraglia Mattia ITA (31/10/2015)	125	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Miraglia Mattia ITA (31/10/2015)	395
SR	PREPELITA Vladimir (2008) MOL	135	Forbes Brian IRE 1998	103	Gavigan Justin IRE 2007	185	Anderson Brandon USA (4/11/2017)	447,5
M1		117,5	Forbes Brian IRE 1998	103		127,5		330
M2	Walsh Gareth IRE (26/10/2019)	135	Forbes Brian IRE 2006	92,5	Walsh Gareth IRE (26/10/2019)	170	Walsh Gareth IRE (26/10/2019)	397,5
M3	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
M4		0		0		0		0
M5		0		0		0		0
M6		0		0		0		0
M7		0		0		0		0
M8	Catricala Domenico ITA (12/11/2016)	90	Catricala Domenico ITA (12/11/2016)	35	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
M9		65		47,5		0		182,5
M10		0		0		0		0

WORLD RECORDS

MEN 56 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	DE BONIS DAVIDE ITA (29/04/2017)	120	Zielinski Logan USA 2008	87,5	DE BONIS DAVIDE ITA (29/04/2017)	157,5	DE BONIS DAVIDE ITA (29/04/2017)	352,5
T2	PREPELITA Vladimir (2008) MOL	135	Curatolo Dominic USA 1997	107,5	Ross Cole USA 17/8/19	164	Prepelita Vladimir MOL 2008	377,5
T3	Croitoru Iulian MOL (1/11/2014)	140	Miraglia Mattia ITA (27/10/2012)	93	Croitoru Iulian MOL (1/11/2014)	175	Croitoru Iulian MOL (1/11/2014)	392,5
JR	Wrenn Johnathon USA (2/11/2013)	160	Miraglia Mattia ITA (31/10/2015)	110	Baily Joseph GBR 8/4/16	176	Wrenn Johnathon USA (2/11/2013)	420
SR	Wrenn Jonathan USA (27/7/2018)	172,5	Higgins Fred USA 1992	132,5	Anderson Brandon USA (4/11/2017)	195	Anderson Brandon USA (4/11/2017)	447,5
M1		117,5	Higgins Fred USA 1992	132,5		127,5		330
M2	Walsh Gareth IRE (26/10/2019)	135	Forbes Brian IRE 2006	92,5	Walsh Gareth IRE (26/10/2019)	170	Walsh Gareth IRE (26/10/2019)	397,5
M3	Forbes Brian IRE 2008	130,5	Forbes Brian IRE 2008	97,5	Forbes Brian IRE 2008	175	Forbes Brian IRE 2008	400
M4		102,5		72,5		110		285
M5		97,5		70		105		272,5
M6		92,5	Smith Dennis USA 1997	77,5		97,5		255
M7		80		57,5		85		222,5
M8	Catricala Domenico ITA (12/11/2016)	90	Lotherington Bill AUS (13/7/13)	55	Catricala Domenico ITA (12/11/2016)	135	Catricala Domenico ITA (12/11/2016)	260
M9		65		47,5		70		182,5
M10		57,5		42,5		62,5		162,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
T2	DE BONIS DAVIDE ITA (3/11/2018)	145,5	Aikman David SCT 2010	98	DE BONIS DAVIDE ITA (3/11/2018)	180	DE BONIS DAVIDE ITA (3/11/2018)	415
T3	DEBONIS DAVIDE ITA (26/10/2019)	152,5	Strech Adrian MDA (12/11/2016)	108	Boughlama Yanis FRA (28/04/2019)	185,5	DEBONIS DAVIDE ITA (26/10/2019)	430
JR	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
SR	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Donelon Sean IRE 2010	215	Hampson Ben GBR (29/07/2018)	477,5
M1	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
M2	Brown Stephen 2008 ENG	150	Forbes Brian IRE 2006	97,5	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
M3	Grünberg Michael GER (13/10/18)	80	Durdey Graham ENG 1995	86	Grünberg Michael GER (13/10/18)	142,5	Grünberg Michael GER (13/10/18)	295
M4		0	Tidona Vincenzo FRA 1990	100		0		0
M5		0	Tidona Vincenzo FRA 1992	107,5		0		0
M6	Colella Antonio ITA (31/10/2015)	145	Duffield Jack ENG 1995	70	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
M7	Catricala Domenico	80	Catricala Domenico ITA 2010	65	Catricala Domenico	145	Catricala Domenico ITA 2010	285
M8	Catricala Domenico ITA (5/05/2012)	80	Cluer Ron ENG 1995	60,5	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
M9	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
M10		0		0		0		0

WORLD RECORDS

MEN 60 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Green Mark ENG 2010	137,5	Mazur Kamil POL 1999	105	Denilson Manicaro MAL 2014	160,5	Green Mark ENG 2010	392,5
T2	DE BONIS DAVIDE ITA (3/11/2018)	145,5	Kempf Jesse USA 1997	110	DE BONIS DAVIDE ITA (3/11/2018)	180	DE BONIS DAVIDE ITA (3/11/2018)	415
T3	DEBONIS DAVIDE ITA (26/10/2019)	152,5	Strech Adrian MDA (12/11/2016)	108	Boughlama Yanis FRA (28/04/2019)	185,5	DEBONIS DAVIDE ITA (26/10/2019)	430
JR	Sheikh Faaris GBR (4/11/2017)	170	Peacock Tian ENG (28/3/15)	107,5	Donelon Sean IRE 2010	215	Sheikh Faaris GBR (4/11/2017)	477,5
SR	Hampson Ben GBR (29/07/2018)	177,5	Gutteridge Alan ENG 1991	145	Donelon Sean IRE 2010	215	Hampson Ben GBR (29/07/2018)	477,5
M1	Forbes Brian IRE 2000	145	Gutteridge Alan ENG 1991	136,5	Forbes Brian IRE 2002	192,5	Forbes Brian IRE 2002	437,5
M2	Brown Stephen 2008 ENG	150	Litchfield Fred AUS 1996	112,5	Brown Stephen ENG 2008	207,5	Brown Stephen ENG 2008	447,5
M3		115	Griffith Paul USA 1996	100	Grünberg Michael GER (13/10/18)	142,5		322,5
M4		110	Tidona Vincenzo FRA 1990	100		117,5		307,5
M5		105	Tidona Vincenzo FRA 1992	107,5	Morrison Gary USA 2009	145	Morrison Gary USA 2009	302,5
M6	Colella Antonio ITA (31/10/2015)	145	Kawasaki Non USA 1997	97,5	Colella Antonio ITA (31/10/2015)	160	Colella Antonio ITA (31/10/2015)	370
M7		85	Catricala Domenico ITA 2010	65	Catricala Domenico	145	Catricala Domenico ITA 2010	285
M8	Catricala Domenico ITA (5/05/2012)	80	Smith Steve USA 2008	75	Catricala Domenico ITA (5/05/2012)	145	Catricala Domenico ITA (5/05/2012)	285
M9	Brown Ted ENG (2/11/2013)	90	Brown Ted ENG (2/11/2013)	78	Brown Ted ENG (2/11/2013)	130	Brown Ted ENG (2/11/2013)	297,5
M10		62,5		45		67,5		175

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
T2	Holland Jordan IRE (3/11/2018)	170,5	Green Mark ENG 07/04/2013	130	Bell Darren SCO 2008	201	Green Mark ENG 07/04/2013	480
T3	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
JR	Moynihan Kelvin IRE (16/8/15)	185	Calmic Dumitru MLD (26/10/2019)	130	Wardley Jonathan GBR (29/07/2018)	240	Humphreys Tom GBR (3/11/2018)	500
SR	Velarde Daniel SWI (26/10/2019)	207,5	Kuczera Mariusz POL 1993	150	Watts David GBR (26/10/2019)	261	Gray David ENG (2/11/2013)	582,5
M1	Degiorgio Charles MAL (26/10/2019)	190	Bedford Peter WAL 2006	130	Degiorgio Charles MAL (26/10/2019)	247,5	Degiorgio Charles MAL (26/10/2019)	552,5
M2	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
M3	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
M4	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
M5	Chavatte Jean-Pierre	132,5	Tidona Vincenzo FRA 1993	100,5	Caneo Salvatore ITA 12/11/16	176	Baret Claude FRA 2007	370
M6	Camus -Mollet D. FRA 2004	152,5	Godden Martin	82,5	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
M7	Camus -Mollet D. FRA 2007	145	Camus-Mollet Daniel 2007	77,5	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
M8	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vincenzo FRA 2007	150	Tidona Vincenzo FRA 2007	330
M9		0	Cluer Ron ENG 1997	57,5		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 67,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Bell Daren SCT 2007	145	Bell Darren SCT 2007	86	Bell Darren SCO 2007	187,5	Bell Darren SCO 2007	415
T2	Holland Jordan IRE (3/11/2018)	170,5	Green Mark ENG 07/04/2013	130	Bell Darren SCO 2008	201	Green Mark ENG 07/04/2013	480
T3	Veacelav Cristov MDA 2003	202,5	Kuczera Mariusz POL 1993	150	Veacelav Cristov MOL 2003	215	Veacelav Cristov MOL 2003	505
JR	Moynihan Kelvin IRE (16/8/15)	185	Calmic Dumitru MLD (26/10/2019)	130	Wardley Jonathan GBR (29/07/2018)	240	Humphreys Tom GBR (3/11/2018)	500
SR	Velarde Daniel SWI (26/10/2019)	207,5	Conyers Tony USA 1996	182,5	Watts David GBR (26/10/2019)	261	Gray David ENG (2/11/2013)	582,5
M1	Degiorgio Charles MAL (26/10/2019)	190	Johnson S USA 1993	137,5	Degiorgio Charles MAL (26/10/2019)	247,5	Degiorgio Charles MAL (26/10/2019)	552,5
M2	Gray David ENG (2/11/2013)	196	Gray David ENG (27/04/2013)	145,5	Gray David ENG (27/04/2013)	260	Gray David ENG (2/11/2013)	582,5
M3	Gray David ENG (05/04/2014)	185	Gray David ENG (05/04/2014)	140	Gray David ENG (05/04/2014)	250	Gray David ENG (05/04/2014)	575
M4	Colella Antonio ITA 2003	175	Haynes Cliff ENG (27/02/16)	130	Haynes Cliff ENG (27/02/16)	210	Haynes Cliff ENG (27/02/16)	490
M5	Chavatte Jean-Pierre	132,5	Cortes Robert USA 1994	122,5	Caneo Salvatore ITA 12/11/16	176	Baret Claude FRA 2007	370
M6	Camus -Mollet D. FRA 2004	152,5	Cortes Robert USA 1996	125	Camut-Mollet Daniel 2005	183	Camus-Mollet Daniel FRA 2004	415
M7	Camus -Mollet D. FRA 2007	145	Bonner Harry USA 1994	85	Camut-Mollet Daniel 2010	185	Camus-Mollet Daniel FRA 2007	397,5
M8	Tidona Vincenzo FRA 2007	105	Tidona Vincenzo FRA 2007	75	Tidona Vincenzo FRA 2007	150	Tidona Vincenzo FRA 2007	330
M9		75	Cluer Ron ENG 1997	57,5		82,5		215
M10		67,5		52,5		75		195

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	Deegan David IRE 2008	170	Holland Kai ENG 2010	387,5
T2	Rowles Liam ENG (05/04/2014)	205	Ridett Lewis ENG 2011	132,5	Ridett Lewis ENG 2011	240	Ridett Lewis ENG 2011	537,5
T3	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
JR	Sudarminto Indra BEL (7/4/12)	230	Tudorean Oleg MLD (4/11/2017)	147,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
SR	Sudarminto Indra BEL (19/3/18)	265	Sudarminto Indra BEL (29/04/2017)	170	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
M1	Hannah David SCT 2005	195		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
M2	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
M3	Lolacona Vincent ITA 2004	195	Shaw Mike ENG 1992	127,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
M4	Forget Bernard FRA 2005	177,5	Haynes Cliff ENG 25/2/17	137,5	Forget Bernard FRA 2005	230	Haynes Cliff GBR (27/02/2017)	527,5
M5	Meredith Thomas GBR (29/07/2018)	175	Dumontois Jaques FRA 2001	120	DHEILLY Jean-Claude FRA (30/03/19)	210	Meredith Thomas GBR (29/07/2018)	475
M6	Camus -Mollet D. FRA 2003	160	Vasquez R FRA 1993	105	Camut-Mollet Daniel 2003	192,5	Camus-Mollet Daniel FRA 2003	442,5
M7	Freeman David GBR (12/10/21)	135	Passmore George ENG 2004	100,5	Tarran Ed ENG 2001	180	Tarran Ed ENG 2001	355
M8	Tarran Ed ENG 2003	100	Hearn David ENG 16/4/16	85	Tarran Ed ENG 2003	175	Tarran Ed ENG 2003	335
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 75 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Poole Ben (MPF) ENG (14/05/2016)	180	Bondin Ismael MAL 2014	100	De Haan Curtis AUS 2006	200	De Haan Curtis AUS 2006	407,5
T2	Rowles Liam ENG (05/04/2014)	205	Walters John USA 1995	140	Ridett Lewis ENG 2011	240	Ridett Lewis ENG 2011	537,5
T3	Cannngs Alistar ENG 2011	195	Kuczera Mariusz POL 1994	155	Progunov Vitaly RUS 2008	245	Cannings Alistar ENG 2011	545
JR	Sudarminto Indra BEL (7/4/12)	230	Flick Nathan AUS 1997	177,5	Reidy Martin IRE (12/11/2016)	270	Sudarminto Indra BEL (5/05/2012)	620
SR	Sudarminto Indra BEL (19/3/18)	265	Beavers Martin USA 1990	185	Sudarminto Indra BEL (25/02/2017)	292,5	Sudarminto Indra BEL (29/04/2017)	710
M1	Horner David USA (19/7/14)	196		155	O Rourke Joe IRE (7/5/16)	245	Ram Tirth BEL (1/11/2014)	572,5
M2	Awuka Felix ENG 2004	200	Doubel Rene FRA 1993	145	HAYNES Cliff (2009) ENG	242,5	HAYNES Cliff (2009) ENG	572,5
M3	Lolacona Vincent ITA 2004	195	Arlinton Rafael USA 1994	157,5	Duggan Derek IRL (2/11/2013)	231	Lolacono Vincent ITA 2004	545
M4	Morrison Austin AUS 2002	192,5	Haynes Cliff ENG 25/2/17	137,5	Forget Bernard FRA 2005	230	Haynes Cliff GBR (27/02/2017)	527,5
M5	Meredith Thomas GBR (29/07/2018)	175	Hamblin Ed USA 1992	120	Marcinkowski Michael CAN (12/11/201)	226	Marcinkowski Mike CAN 2010	475
M6	Camus -Mollet D. FRA 2003	160	Vasquez R FRA 1993	105	Marcinkowski Michael POL (31/10/201)	200	Camus-Mollet Daniel FRA 2003	442,5
M7	Smoker Jon USA (10/10/20)	137,5	Passmore George ENG 2004	100,5	Smoker Jon USA (10/10/20)	182,5	Smoker Jon USA (10/10/20)	417,5
M8	Tarran Ed ENG 2003	100	Benner Harrison USA 1996	85	Tarran Ed ENG 2003	175	Tarran Ed ENG 2003	335
M9		82,5		62,5		92,5		237,5
M10		75		57,5		82,5		215

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1	Brösamle Felix GER (12/11/2016)	155	Bradshaw Laurence ENG 2006	110	Bradshaw Laurence ENG 2006	202,5	Bradshaw Laurence ENG 2006 452,5
T2	Sugarman Benjamin GBR (26/02/2017)	190	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/2017)	230,5	Pjatnitski Nikolai EST (27/05/2012) 525
T3	Jenkins Steve ENG 2003	215	Mirabella Cristian ITA (26/10/2019)	140,5	Deacon-Smith Matt ENG (31/03/2013)	247,5	Cutler Craig ENG 2010 572,5
JR	Borriello Guiseppe ITA (29/04/2017)	228	Borriello Guiseppe ITA (29/04/2017)	158	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013) 627,5
SR	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Wharmby Carn GBR (26/10/2019)	286	Sudarminto Indra BEL (8/04/2016) 715
M1	Ryan John IRL (2/11/2013)	237,5	Ambler Derek ENG 1990	150	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013) 620
M2	Walsh Steve SCT 07/04/2013)	222,5	Minty Vince ENG (27/02/16)	155,5	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001 617,5
M3	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008 657,5
M4	Mauhorat Pascal FRA (28/3/15)	191	Round Michael ENG (05/04/2014)	140	Mahourat Pascal FRA (28/3/15)	261	Mauhorat Pascal FRA (28/3/15) 565
M5	Mauhorat Pascal FRA (30/03/19)	182,5	Round Michael GBR (28/04/2019)	143	Mauhorat Pascal FRA (30/03/19)	242,5	Mauhorat Pascal FRA (30/03/19) 520
M6	Marotta Rosario ITA (26/10/2019)	170	Rodger Dave ENG 1993	133	Marotta Rosario ITA (26/10/2019)	225	Marotta Rosario ITA (26/10/2019) 500
M7	West Eric ENG 2011	115	West Eric ENG 2011	80	West Eric ENG 2011	150	West Eric ENG 2011 345
M8		0		0		0	0
M9	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013 355
M10		0		0		0	0

WORLD RECORDS

MEN 82,5 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1	De Haan Curtis AUS 2007	175	Bradshaw Laurence ENG 2006	110	De Haan Curtis AUS 2007	240	De Haan Curtis AUS 2007 515
T2	Sugarman Benjamin GBR (26/02/2017)	190	Biggin Jonathan SCO 2006	130	Sugarman Benjamin GBR (26/02/2017)	230,5	Pjatnitski Nikolai EST (27/05/2012) 525
T3	Jenkins Steve ENG 2003	215	Dexter Andrew CAN 1994	145,5	Dexter Andrew CAN 1994	260	Dexter Andrew CAN 1994 607,5
JR	Borriello Guiseppe ITA (29/04/2017)	228	Riney Dennis USA 1996	172,5	Stürmer Christophe GER 2007	277,5	Meakin Reece ENG (2/11/2013) 627,5
SR	Sudarminto Indra BEL (8/04/2016)	260,5	Joseph Mike ENG 2001	193,5	Amen Ra USA 2010	290	Sudarminto Indra BEL (8/04/2016) 715
M1	Ryan John IRL (2/11/2013)	237,5	Kloostergaard Jim USA 1992	175	Mahourat Pascal FRA 2002	265	Ryan John IRL (2/11/2013) 620
M2	Walsh Steve SCT 07/04/2013)	222,5	Thomas Walter USA 1993	190	Lane Mark IRE 2006	282,5	Lane Mark IRE 2001 617,5
M3	Bonner Andy ENG 2008	237,5	Bonner Andy ENG 2007	155	Bonner Andy ENG 2008	275	Bonner Andy ENG 2008 657,5
M4	Clow John AUS 2008	200	Rouse James USA 1996	175	Mahourat Pascal FRA (28/3/15)	261	Mauhorat Pascal FRA (28/3/15) 565
M5	Morrison Austin (AUS)	190	Round Michael GBR (28/04/2019)	143	Marotta Rosario ITA (29/04/2017)	220	Fortier Daniel FRA (30/03/19) 517,5
M6	Marotta Rosario ITA (26/10/2019)	170	Rodger Dave ENG 1993	133	Marotta Rosario ITA (26/10/2019)	225	Marotta Rosario ITA (26/10/2019) 500
M7	Batko Robert USA 11/06/16	152,5	Stovall James USA (19/7/14)	87,5	Batko Robert USA 11/06/16	197,5	Batko Robert USA 11/06/16 435
M8		102,5		72,5		110	285
M9	Gallacher John ENG (2/11/2013)	105	Gallacher John ENG 07/4/2013	75	Gallacher John ENG (2/11/2013)	180,5	Gallacher John ENG 07/04/2013 355
M10		82,5		60		90	232,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL					
T1	Bradshaw Laurence	ENG 2006	162,5	Clarke Ollie	ENG (28/2/16)	117,5	Bradshaw Laurence	ENG 2006	227,5	Bradshaw Laurence	ENG 2006	492,5
T2	Shpyloviy Vladislav UKR (1/11/2014)		190	Syed Karim SWI 20/3/16		130	Phillips Adam IRE (8/5/16)		220	Shpyloviy Vladislav UKR (1/11/2014)		497,5
T3	Cutler Craig ENG 2011		230	Anton Alexei MOL (1/11/2014)		150	Le Cras Brett ENG 2011		265	Cutler Craig ENG 2011		630
JR	Neumann Konstantin GER (5/11/2017)		240	Percival Daniel ENG 2008		170	O'Rourke Athony IRE 2010		285	Hollis Harry GBR (28/02/2017)		695
SR	SERVOTTE Geoffry (2006) BEL		262,5	Hollis Harry GBR (26/02/2017)		182,5	Burton Ramone WAL (28/2/16)		320	Minty Terrence GBR (21/06/19)		697,5
M1	Protheroe Chris WAL (28/2/16)		238	Vaillant Cyrille FRA (18/04/2015)		176	Verbeke Beny BEL 2010		292,5	Zaripov (MPF) Rinat UKR (1/11/2014)		677,5
M2	Van Niekerk Edward ENG 2005		241	Luka Jan POL 1994		175	Verbeke Beny BEL (7/4/12)		300	Bonner Andy ENG 2001		687,5
M3	Bonner Andy ENG 2009		250	Ambler Derek ENG 1998		167,5	Bonner Andy ENG 2009		287,5	Bonner Andy ENG 2009		687,5
M4	Bonner Andy ENG 2011		245	Bonner Andy ENG 2011		157,5	Bonner Andy ENG 2011		277,5	Bonner Andy ENG 2011		680
M5	Davies Andy ENG 2007		185	Grotto Leonida ITA 2005		150	Davies Andy ENG 2008		232,5	Grotto Leonida ITA 2005		535
M6	CORTOT Rémi FRA (27/10/2019)		177,5	Fulton John SCO 1991		127,5	Davies Andy ENG 2009		220	CORTOT Rémi FRA (27/10/2019)		497,5
M7	Theyssens Martin		135	Morris Eric ENG 2005		105	Morris Eric ENG 2005		175	Mansfield Dave USA (27/10/2019)		467,5
M8	Straistar Pavel MOL (1/11/2014)		125	Hearn David GBR (4/11/2018)		85,5	Hearn David SCT 8/4/16		155	Hearn David SCT 8/4/16		335
M9			0			0			0			0
M10			0			0			0			0

WORLD RECORDS

MEN 90 KG

	SQUAT		BENCH		DEADLIFT		TOTAL					
T1	Bradshaw Laurence	ENG 2006	162,5	Stevens John	USA 95	125	Bradshaw Laurence	ENG 2006	227,5	Bradshaw Laurence	ENG 2006	492,5
T2	De Haan Curtis (AUS 2009)		200	Syed Karim SWI 20/3/16		130	De HAAN Curtis (2009) AUS		300	De HAAN Curtis (2009) AUS		620
T3	Cutler Craig ENG 2011		230	Watson Brent USA 1999		165	Le Cras Brett ENG 2011		265	Cutler Craig ENG 2011		630
JR	Neumann Konstantin GER (5/11/2017)		240	Klayhold Keith USA 1998		170	O'Rourke Athony IRE 2010		285	Hollis Harry GBR (28/02/2017)		695
SR	SERVOTTE Geoffry (2006) BEL		262,5	McAuliffe Joe USA 1996		208	Burton Ramone WAL (28/2/16)		320	Capozzi Lou USA 1999		717,5
M1	Protheroe Chris WAL (28/2/16)		238	Vaillant Cyrille FRA (18/04/2015)		176	Verbeke Beny BEL 2010		292,5	Zaripov (MPF) Rinat UKR (1/11/2014)		677,5
M2	Van Niekerk Edward ENG 2005		241	Luka Jan POL 1994		175	Verbeke Beny BEL (7/4/12)		300	Bonner Andy ENG 2001		687,5
M3	Bonner Andy ENG 2009		250	Pagan Sam USA (5/11/2017)		177,5	Bonner Andy ENG 2009		287,5	Bonner Andy ENG 2009		687,5
M4	Bonner Andy ENG 2011		245	Bonner Andy ENG 2011		157,5	Bonner Andy ENG 2011		277,5	Bonner Andy ENG 2011		680
M5	Davies Andy ENG 2007		185	Grotto Leonida ITA 2005		150	Davies Andy ENG 2008		232,5	Grotto Leonida ITA 2005		535
M6	CORTOT Rémi FRA (27/10/2019)		177,5	Remley Bill USA 1996		132,5	Davies Andy ENG 2009		220	CORTOT Rémi FRA (27/10/2019)		497,5
M7	Mansfield Dave USA (27/10/2019)		166	Lee Charles USA 1993		117,5	Mansfield Dave USA (27/10/2019)		211	Van Weenen Wim AUS 2003		475
M8	Straistar Pavel MOL (1/11/2014)		125	Hearn David GBR (4/11/2018)		85,5	Hearn David SCT 8/4/16		155	Hearn David SCT 8/4/16		335
M9			95			70			105			270
M10			85			62,5			95			242,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	O Donnell Connor GBR (4/11/2018)	217,5	Clarke Oliver GBR (13/11/2016)	550
T2	Wooding Ted GBR (21/06/19)	201	Keshta Omar ENG 16/4/16	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
T3	Jakobi Timo GER (14/10/2018)	241	Jakobi Timo GER (14/10/2018)	155	Jakobi Timo GER (14/10/2018)	280	Jakobi Timo GER (14/10/2018)	670
JR	Bandula Paul ROU (4/11/2018)	260	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (4/11/2018)	321	Bandula Paul ROU (4/11/2018)	747,5
SR	Gysin Ramon SWI (5/11/2017)	279	Gongarad Roland SWI 2008	205	NAZARENKO Oleksii (2009) UKR	330	Nazarenko Olexiy UKR 2009	765
M1	Pilling Leslie ENG 1999	260	Ravasi Andrea ITA (5/05/2012)	180	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
M2	Pilling Leslie ENG 2001	272,5	Simpson Alan ENG 1997	181	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
M3	Mitchel John ENG 2010	250	Kling Andreas GER 2018	165,5	JEX Terry (2009) ENG	295	Mitchel John	682,5
M4	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
M5	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
M6	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
M7	BUSTREEL Serge FRA (27/10/2019)	202,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
M8	Walker John Gavin GBR (20/06/2019)	136	Walker John Gavin GBR (4/11/2018)	105,5	Walker John Gavin GBR (4/11/2018)	195	Walker John Gavin GBR (28/04/2019)	430
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 100 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Clarke Oliver GBR (13/11/2016)	202,5	Clarke Oliver GBR (13/11/2016)	137,5	O Donnell Connor GBR (4/11/2018)	217,5	Clarke Oliver GBR (13/11/2016)	550
T2	Wooding Ted GBR (21/06/19)	201	Palin Harry ENG (06/04/2014)	160	O Connor David IRE (8/5/16)	250,5	Palin Harry ENG (06/04/2014)	550
T3	Jakobi Timo GER (14/10/2018)	241	Jakobi Timo GER (14/10/2018)	155	Goodhall Sam ENG 2011	280	Jakobi Timo GER (14/10/2018)	670
JR	Bandula Paul ROU (4/11/2018)	260	Formosa Mark MAL (7/10/17)	205	Bandula Paul ROU (4/11/2018)	321	Bandula Paul ROU (4/11/2018)	747,5
SR	St.Clair Jason USA (10/10/20)	310	Rennert Casey USA 1992	220	NAZARENKO Oleksii (2009) UKR	330	St.Clair Jason USA (10/10/20)	772,5
M1	Pilling Leslie ENG 1999	260	Williams Chevron USA (5/11/2017)	200	Lane Mark IRE 2002	295	Pilling Leslie ENG 1999	710
M2	Pilling Leslie ENG 2001	272,5	Chevalier David USA 1999	200	Pilling Les ENG 2001	300	Pilling Leslie ENG 2001	732,5
M3	Mitchel John ENG 2010	250	Rizzo Charles USA 1996	175	JEX Terry (2009) ENG	295	Mitchel John	682,5
M4	Terry Jex ENG 2011	230	Cosimo Orlando ITA (5/05/2012)	180	JEX Terry ENG 2011	290	Jex Terry ENG 2011	670
M5	McConnel Laurence N.IR 2006	235	McConnel Laurence N.IR 2009	150	Jex Terry ENG (8/4/16)	275	Jex Terry ENG 8/4/16	612,5
M6	McConnel Laurence N.IR 2010	245	McConnel Laurence N.IR 2010	145	Bustreel Serge FRA (28/3/15)	250	McConnell Laurence N.IR 2010	620
M7	BUSTREEL Serge FRA (27/10/2019)	202,5	Fulton John SCO 1997	140	BUSTREEL Serge FRA (31/3/2018)	236,5	BUSTREEL Serge FRA (30/04/2017)	545
M8	Walker John Gavin GBR (20/06/2019)	136	Walker John Gavin GBR (4/11/2018)	105,5	Walker John Gavin GBR (4/11/2018)	195	Walker John Gavin GBR (28/04/2019)	430
M9		100		72,5		110		282,5
M10		90		65		100		255

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	O Donnell Connor GBR (21/06/19)	207,5	O Donnell Connor GBR (21/06/19)	135	O Donnell Connor GBR (21/06/19)	260	O Donnell Connor GBR (21/06/19)	602,5
T2	Keshta Omar ENG 8/4/16	210	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
T3	Addouche Mathieu FRA 19/3/16	235	Godea Iulian MOL (1/11/2014)	157,5	Godea Iulian MOL (1/11/2014)	280	Addouche Mathieu FRA 19/3/16	650
JR	Hamilton Aleksander GBR (12/10/21)	251	Verga Gabriele ITA (30/04/2017)	187,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
SR	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Vaipan Bogdan ROM (30/04/2017)	340	Vaipan Bogdan ROM (30/04/2017)	810
M1	Marshall Simon ENG (06/04/2014)	270	Murdock Alistair ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
M2	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
M3	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Mitchell John ENG 2011	290	Mitchell John ENG 2011	725
M4	Pilling Leslie ENG (7/4/12)	232,5	Terlita Victor MOL 2010	165	LEADBETTER Mike (2009) ENG	275,5	Lambert Steven GBR (6/05/2018)	625
M5	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	LEADBETTER Mike ENG 7/4/13	250	McConnell Laurence N.IR 2009	615
M6	McConnell Laurence N.IR (12/11/2011)	230	McConnell Laurence N.IR (12/11/2011)	145	Leadbetter Michael GBR (29/07/2018)	230,5	McConnell Laurence N.IR (12/11/2011)	580
M7	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
M8	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 110 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	O Donnell Connor GBR (21/06/19)	207,5	O Donnell Connor GBR (21/06/19)	135	O Donnell Connor GBR (21/06/19)	260	O Donnell Connor GBR (21/06/19)	602,5
T2	White Tanner USA (19/07/2014)	232,5	Keshta Omar ENG 8/4/16	160	Keshta Omar ENG 8/4/16	260	Keshta Omar ENG 8/4/16	630
T3	Addouche Mathieu FRA 19/3/16	235	Balis Matt USA 1992	182,5	Godea Iulian MOL (1/11/2014)	280	Addouche Mathieu FRA 19/3/16	650
JR	Hamilton Aleksander GBR (12/10/21)	251	Garris Donavan USA 1996	197,5	Fennelly James IRE 2006	320	Callus Dylan MAL (7/10/17)	730
SR	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Vaipan Bogdan ROM (30/04/2017)	340	Vaipan Bogdan ROM (30/04/2017)	810
M1	Hayes Kelvin USA 2008	282,5	Murdock Alistair ENG 2011	215	Marshall Simon ENG (06/04/2014)	323	Marshall Simon ENG (06/04/2014)	792,5
M2	PILLING Les (2002) ENG	300	Murdoch Alistair ENG (2/11/2013)	222,5	Pilling Les ENG 2002	310	Pilling Leslie ENG 2002	760
M3	Mitchell John ENG 2010	290	Tudor Ian ENG 2001	190	Mitchell John ENG 2011	290	Mitchell John ENG 2011	725
M4	Pilling Leslie ENG (7/4/12)	232,5	Ninaber Adrian CAN 13/07/2013	170	LEADBETTER Mike (2009) ENG	275,5	Ninaber Adrian CAN (2/11/2013)	645
M5	McConnell Laurence N.IR 2009	240	McConnel Laurence N.IR 2009	155	LEADBETTER Mike ENG 7/4/13	250	McConnell Laurence N.IR 2009	615
M6	McConnell Laurence N.IR (12/11/2011)	230	McConnell Laurence N.IR (12/11/2011)	145	Leadbetter Michael GBR (29/07/2018)	230,5	McConnell Laurence N.IR (12/11/2011)	580
M7	Walker John ENG 07/04/2013	191	Burden Ronald GBR (29/07/2018)	140	Walker John ENG (2/11/2013)	235	Burden Ronald GBR (29/07/2018)	535
M8	Walker John ENG (29/3/15)	165	West John IRE (6/05/2018)	125	West John IRE (6/05/2018)	220	West John IRE (6/05/2018)	490
M9		102,5		75		112,5		290
M10		92,5		65		102,5		262,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
T2	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
T3	Osborn Jack GBR (26/02/2017)	250	Osborn Jack GBR (26/02/2017)	162,5	Dechamps Jerome BEL 2007	265	Rushton Josh ENG 2011	667,5
JR	Callus Dylan MAL (4/11/2018)	272,5	Callus Dylan MAL (4/11/2018)	185	Callus Dylan MAL (4/11/2018)	330	Callus Dylan MAL (4/11/2018)	782,5
SR	Scorici Roman MLD (1/11/14)	295	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
M1	Sutton Pete WAL 2005	270	Lythgoe Simon GBR (7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
M2	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
M3	Allison Ray ENG 2008	270	Adams Michael ENG (29/3/15)	187,5	Cerignano Carlo ITA (4/11/2018)	282,5	Cerignano Carlo ITA (4/11/2018)	717,5
M4	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
M5	O Dwyer John IRE (8/5/16)	195,5	O Dwyer John IRE (8/5/16)	160	Leadbetter Mike ENG (06/04/2014)	253	Leadbetter Mike ENG (7/4/12)	582,5
M6	Leadbetter Mike GBR (26/02/2017)	170	Leadbetter Mike GBR (26/02/2017)	122,5	Leadbetter Mike GBR (26/02/2017)	230	Leadbetter Mike GBR (28/02/2017)	520
M7	Walker Trevor John GBR (4/11/2018)	150	Walker Trevor John GBR (4/11/2018)	100,5	Walker Trevor John GBR (4/11/2018)	200,5	Walker Trevor John GBR (4/11/2018)	450
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 125 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Dechamps Sebastien BEL 2007	180	Dechamps Sebastien BEL 2007	92,5	Dechamps Sebastien BEL 2007	205	Dechamps Sebastien BEL 2007	462,5
T2	Vella Cedric MAL (7/10/17)	225	Keshta Omar ENG (28/2/16)	170	Keshta Omar ENG (28/2/16)	260	Keshta Omar ENG (28/2/16)	630
T3	Sohmer Matt USA (27/10/2012)	332,5	Osborn Jack GBR (26/02/2017)	162,5	Sohmer Matt USA (27/10/2012)	320	Sohmer Matt USA (27/10/2012)	785
JR	Sohmer Matt USA (2/11/2013)	342,5	Callus Dylan MAL (4/11/2018)	185	Sohmer Matt USA (2/11/2013)	337,5	Sohmer Matt USA (2/11/2013)	815
SR	Sohmer Matt USA (2/11/2013)	342,5	Lythgoe Simon GBR (29/07/2018)	232,5	Vaipan Bogdan ROU (6/05/2018)	345,5	Vaipan Bogdan ROU (6/05/2018)	845
M1	Sutton Pete WAL 2005	270	Lythgoe Simon GBR (7/10/17)	230	Laing Phil ENG 2008	310	Pellizzoni Francesco ITA (6/05/2018)	830
M2	Collart Jean-Luc BEL 2007	275	Lythgoe Simon GBR (29/07/2018)	232,5	Sutton Peter WAL (12/11/2011)	307,5	Sutton Peter WAL (12/11/2011)	772,5
M3	Allison Ray ENG 2008	270	Batten CJ usa 1997	207,5	Cerignano Carlo ITA (4/11/2018)	282,5	Cerignano Carlo ITA (4/11/2018)	717,5
M4	Pilling Leslie ENG (2/11/2013)	241,5	Olsen Roy ENG 1998	175	Leadbetter Mike ENG 2009	285	Pilling Leslie ENG 2011	660
M5	Ninaber Adrian CAN 24/6/17	200	Bonneau Colin CAN 2008	187,5	Leadbetter Mike ENG (06/04/2014)	253	Leadbetter Mike ENG (7/4/12)	582,5
M6	Krueger Gary USA (27/10/2012)	207,5	Krueger Gary USA (27/10/2012)	150	Leadbetter Mike GBR (26/02/2017)	230	Krueger Gary USA (27/10/2012)	572,5
M7	Walker Trevor John GBR (4/11/2018)	150	Walker Trevor John GBR (4/11/2018)	100,5	Walker Trevor John GBR (4/11/2018)	200,5	Walker Trevor John GBR (4/11/2018)	450
M8		117,5		85		132,5		335
M9		105		77,5		120		302,5
M10		95		67,5		107,5		272,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1		0		0		0		0
T2		0		0		0	Stroud Blake USA (5/11/2017)	607,5
T3	Dechamps Sebastien BEL (7/4/12)	250	Dechamps Sebastien BEL (7/4/12)	140	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL (7/4/12)	665
JR	Callus Dylan MAL (28/04/2019)	290	Callus Dylan MAL (28/04/2019)	195	Callus Dylan MAL (28/04/2019)	320	Callus Dylan MAL (28/04/2019)	805
SR	Irwin Brian IRE 2010	320	Denis O fra 1993	230	Irwin Brian IRE 2010	335	Irwin Brian IRE 2010	875
M1	Bîrsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Bîrsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008	807,5
M2	Sutton Peter WAL 2011	285	Sutton Peter WAL 2011	210	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011	800
M3	Duplessis Andre IRL (1/11/2015)	230,5	Duplessis Andre IRL (18/04/2015)	160	Duplessis Andre IRL (1/11/2015)	280,5	Duplessis Andre IRL (1/11/2015)	670
M4	O Donnell Frank GBR (21/06/19)	220	O'Dwyer John IRL (27/04/2013)	168	O Donnell Frank GBR (21/06/19)	287,5	O Donnell Frank GBR (21/06/19)	660
M5	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15)	560
M6		0		0		0		0
M7		0		0		0		0
M8		0		0		0		0
M9		0		0		0		0
M10		0		0		0		0

WORLD RECORDS

MEN 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL	
T1	Stroud Blake USA 24/6/17	200	Stroud Blake USA 24/6/17	152,5	Stroud Blake USA 24/6/17	227,5	Stroud Blake USA 24/6/17	580
T2	Stroud Blake USA (5/11/2017)	220	Stroud Blake USA (5/11/2017)	160	Stroud Blake USA (5/11/2017)	227,5	Stroud Blake USA (5/11/2017)	607,5
T3	Dechamps Sebastien BEL (7/4/12)	250	Lake Matthew USA 1996	202,5	Dechamps Sebastien BEL (7/4/12)	280	Dechamps Sebastien BEL (7/4/12)	665
JR	Callus Dylan MAL (28/04/2019)	290	Hulslander Dennis USA 1995	215	Callus Dylan MAL (28/04/2019)	320	Callus Dylan MAL (28/04/2019)	805
SR	Irwin Brian IRE 2010	320	Moore Beau USA 1995	250	Irwin Brian IRE 2010	335	Irwin Brian IRE 2010	875
M1	Bîrsanu Serghei MDA (13/11/2016)	290	Rowland Haydn ENG 1998	223	Bîrsanu Serghei MDA (13/11/2016)	313	Sutton Peter WAL 2008	807,5
M2	Sutton Peter WAL 2011	285	Nicodemus Ron USA 2008	212,5	Sutton Peter WAL 2011	305	Sutton Peter WAL 2011	800
M3	Duplessis Andre IRL (1/11/2015)	230,5	Brown Steve USA 2005	205	McCune Brent USA 1999	285	McCune Brent USA 1999	692,5
M4	O Donnell Frank GBR (21/06/19)	220	Clasing Ramond Jr USA 2015	175	O Donnell Frank GBR (21/06/19)	287,5	O Donnell Frank GBR (21/06/19))	660
M5	O Dwyer John IRE (16/8/15)	205	O Dwyer John IRE (16/8/15)	155	O Dwyer John IRE (16/8/15)	200	O Dwyer John IRE (16/8/15)	560
M6		150		107,5		167,5		425
M7		135		97,5		150		382,5
M8		122,5		87,5		135		345
M9		110		80		122,5		312,5
M10		100		72,5		110		282,5

WDFPF POWERLIFTING RECORDS UNEQUIPPED EUROPEAN RECORDS

MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		0		0		0	0
T2	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017) 587,5
T3	McGonigle Charlie GBR (5/11/2017)	240	McGonigle Charlie GBR (5/11/2017)	130	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017) 642,5
JR		0		0		0	McGonigle Charlie SCT (28/02/2017) 587,5
SR	Kelly Tom ENG 07/04/2013	312,5	Kevin Koch GER 2017	250,5	Kelly Tom ENG (7/4/12)	320	Kelly Tom ENG (7/4/12) 835
M1	Küçük Yaşar GER (13/11/2016)	265	Küçük Yaşar GER (13/11/2016)	200	Küçük Yaşar GER (13/11/2016)	278	Küçük Yaşar GER (13/11/2016) 735
M2	Ryan Peter IRE (8/5/16)	240	Ryan Peter IRE (8/5/16)	205,5	Ryan Peter IRE (8/5/16)	255	Ryan Peter IRE (8/5/16) 700
M3	Duncan William USA (27/10/2012)	235		0		0	0
M4		0		0		0	0
M5		0		0		0	0
M6		0		0		0	0
M7		0		0		0	0
M8		0		0		0	0
M9		0		0		0	0
M10		0		0		0	0

WORLD RECORDS

MEN + 145 KG

	SQUAT		BENCH		DEADLIFT		TOTAL
T1		147,5		105		165	417,5
T2	McGonigle Charlie GBR (26/02/2017)	210	McGonigle Charlie GBR (26/02/2017)	125	McGonigle Charlie GBR (26/02/2017)	252,5	McGonigle Charlie GBR (26/02/2017) 587,5
T3	McGonigle Charlie GBR (5/11/2017)	240	Newton Joe USA 2009	172,5	McGonigle Charlie GBR (5/11/2017)	272,5	McGonigle Charlie GBR (5/11/2017) 642,5
JR		202,2	Nickless Pete USA 1998	185		225	McGonigle Charlie SCT (28/02/2017) 587,5
SR	Deleon Rich USA 2008	315	Kevin Koch GER 2017	250,5	Kelly Tom ENG (7/4/12)	320	Kelly Tom ENG (7/4/12) 835
M1	Deleon Rich USA 2008	315	Deleon Richard USA 2008	202,5	Küçük Yaşar GER (13/11/2016)	278	Deleon Richard USA 2008 795
M2	Patrow Dean CAN 2001	300	Ryan Peter IRE (8/5/16)	205,5	Patrow Dean CAN 2001	265	Patrow Dean Can 2001 752,5
M3	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012)	132,5	Duncan William USA (27/10/2012)	235	Duncan William USA (27/10/2012) 602,5
M4	Duncan William USA 2015	230	Duncan William USA 2015	127,5	Duncan William USA 2015	222,5	Duncan William USA 2015 547,5
M5		175		125		195	495
M6		157,5		117,5		175	450
M7		142,5		100		157,5	400
M8		127,5		90		142,5	360
M9		115		82,5		127,5	325
M10		105		75		115	295