

Calendrier – Kalender 2016

BK Bench-press + BK Deadlift Equipped :
13 Feb Stekene

E.C. Powerlifting 9 – 10 April ,Weston-Super-Mare, England

DEMO BDFPF VTS 30 April St.Niklaas

OPEN BK Squat + BK Powerlifting + Team bench Unequipped:
14 Mei Merksem (Fortje)

W.C. Single Event: 3-5 June Wrexham, Wales

E.C. Single Event : 16/17/18 September Amsterdam, Nederland

BK Bench-press + BK Deadlift Unequipped:
5 November Merksem (Fortje)

W.C. Powerlifting : + (congress) 11 – 13 November , Gela Italy

BK Squat + BK Powerlifting + Team bench Equipped:
10 December Merksem (Fortje)