

# BDFPF BK BENCH EQUIPPED 2011

## BK BENCH EQUIPPED 2011 Aiseau

	BW	NAME	Voornaam		CLUB	AGE CAT	BW	1	2	3	4	POINTS
1 1	- 70 KG	Lerot	Viviane	V	Castors	52 M3	66,7	47,5	52,5	55	56,5	43,27
1 1	- 80 KG	Dechamps	Nadege	V	Castors	14 T1	74,3	-82,5	82,5	90	-93	65,32
2 2	- 80 KG	Kumps	Francoise	V	Castors	37 SR	72,4	65	70	-72,5		51,81
1 1	60 KG	Manchel	Fabrice	M	Castors	42 M1	59,6	90	95	100	-102,5	81,85
1 1	67,5 KG	De Vissher	Geovanni	M	Power Lebbeke	17 T2	62,3	-110	-115	115	-120	90,00
2 1	67,5 KG	Eeckhout	Laurens	M	Patton Team	15 T1	66,3	105	-110	-110		77,46
3 2	67,5 KG	Mignolet	Geoffrey	M	Castors	16 T2	63,1	87,5	95	97,5		75,36
4 2	67,5 KG	Van Gucht	Maikel	M	Power lebbeke	15 T1	65,5	85	92,5	-105,5		69,01
5 3	67,5 KG	Cuylle	Angelo	M	Isogym	17 T2	66,3	70	75	80		59,02
1 1	75 KG	Verret	Danny	M	Planet Fitness	36 SR	75,0	145	-152,5	-152,5		96,35
2 1	75 KG	Hallewaert	Bart	M	Isogym	42 M1	74,9	132,5	137,5	140	142,5	93,13
3 1	75 KG	Krikilion	Dirk	M	Patton Team	50 M3	73,7	120	-125,5	125,5	127	84,55
4 1	75 KG	Callemeyn	Johny	M	Fit 4 fun	57 M4	74,3	115	120	123	-125	82,34
1 1	82,5 KG	Tirifahy	Pierre	M	Castors	39 SR	77,7	157,5	160	162,5	-175,5	105,09
2 1	82,5 KG	Remy	Roger	M	Castors	57 M4	75,4	110	115	120	123	79,40
1 1	90 KG	Verbeke	Beny	M	Isogym	45 M2	86,2	120	127,5	130		78,17
2 2	90 KG	Dhaene	Kevin	M	Planet Fitness	24 SR	85,2	100	105	-110		63,62
3 1	90 KG	Wouters	Sammy	M	Fit 4 Fun	22 JR	88,3	92,5	-97,5	97,5		57,74
1 1	100 KG	Servotte	Geoffroy	M	Planet Fitness	30 SR	92,8	202,5	212,5	215	217,5	123,65
2 1	100 KG	Smet	Rudy	M	Planet Fitness	42 M1	92,8	-165	-165	165		94,89
3 1	100 KG	Samijn	Kenny	M	KBBC	22 JR	99,1	155	160	-165		89,01
1 1	110 KG	Vermote	Gianni	M	Isogym	38 SR	106,8	160	172,5	180		97,34
2 1	110 KG	Van Roy	Yannick	M	Planet Fitness	19 T3	102,0	130	137,5	140		76,93
1 1	125 KG	Malotteau	Jean-Louis	M	Castors	47 M2	110,1	207,5	215	-223		115,33
2 1	125 KG	Dechamps	Jerome	M	Castors	22 JR	122,2	175	182,5	-190		95,76
3 1	125 KG	Vannieuwenhi	Mathieu	M	Isogym	19 T3	111,0	85	-95	-95		45,50
1 1	145 KG	Backelant	Wilhelm	M	Planet fitness	47 M2	144,7	225	240	-250		119,57
2 1	145 KG	Dechamps	Sebastien	M	Castors	17 T2	127,0	170	175	-177,5		90,76
3 1	145 KG	Goovaerts	Marc	M	Patton Team	53 M3	125,4	150	155	161	165	83,80
4 1	145 KG	Rogé	Johan	M	KBBC	61 M5	127,3	-145	145	150		77,73

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## BENCH - PRESS EQUIPPED : BELGIAN RECORDS

### WOMEN - 44 KG

T1 (14-15)		30	
T2 (16-17)		32,5	
T3 (18-19)		35	
JR (20-23)		42,5	
SR (24-39)		55	
M1 (40-44)		42,5	
M2 (45-49)		32,5	
M3 (50-54)		30	
M4 (55-59)		30	
M5 (60-64)		320	
M6 (65-69)		30	
M7 (70-74)		30	
M8 (75-79)		30	
M9 (80-84)		30	

### WOMEN - 47,5 KG

T1 (14-15)		32,5	
T2 (16-17)	Desmet Cindy	42	11/11/1996
T3 (18-19)	Desmet Cindy	42	
JR (20-23)		45	
SR (24-39)	Colijn Brigitte	72,5	14/12/1991
M1 (40-44)		45	
M2 (45-49)		35	
M3 (50-54)		32,5	
M4 (55-59)		32,5	
M5 (60-64)		32,5	
M6 (65-69)		32,5	
M7 (70-74)		32,5	
M8 (75-79)		32,5	
M9 (80-84)		32,5	

### WOMEN - 50,5 KG

T1 (14-15)		35	
T2 (16-17)		37,5	
T3 (18-19)		40	
JR (20-23)		47,5	
SR (24-39)		60	
M1 (40-44)		47,5	
M2 (45-49)		37,5	
M3 (50-54)		35	
M4 (55-59)		35	
M5 (60-64)		35	
M6 (65-69)		35	
M7 (70-74)		35	
M8 (75-79)		35	
M9 (80-84)		35	

### WOMEN - 53 KG

T1 (14-15)		37,5	
T2 (16-17)	Malotteau Severine	53	7/09/2002
T3 (18-19)	Malotteau Severine	53	7/09/2002
JR (20-23)	Verleye Christelle	55	30/09/1995
SR (24-39)	Moretti Alicia	67,5	10/12/1994
M1 (40-44)		50	
M2 (45-49)		40	
M3 (50-54)		37,5	
M4 (55-59)		37,5	
M5 (60-64)		37,5	
M6 (65-69)		37,5	
M7 (70-74)		37,5	
M8 (75-79)		37,5	
M9 (80-84)		37,5	

### WOMEN - 55,5 KG

T1 (14-15)	Pastore Sabrina	50	2/04/2000
T2 (16-17)	Malotteau Severine	55	23/11/2002
T3 (18-19)	Wuyts Helen	80	11/12/2010
JR (20-23)	Wuyts Helen	80	11/12/2010
SR (24-39)	Wuyts Helen	80	11/12/2010
M1 (40-44)		50	
M2 (45-49)		45	
M3 (50-54)		40	
M4 (55-59)		40	
M5 (60-64)		40	
M6 (65-69)		40	
M7 (70-74)		40	
M8 (75-79)		40	
M9 (80-84)		40	

### WOMEN - 58,5 KG

T1 (14-15)	Dutry Delphine	45	9/04/2005
T2 (16-17)	Wuyts Helen	75	17/05/2009
T3 (18-19)	Wuyts Helen	85	24/04/2010
JR (20-23)	Wuyts Helen	85	24/04/2010
SR (24-39)	Wuyts Helen	85	24/04/2010
M1 (40-44)		55	
M2 (45-49)	Bouillon Josette	50	25/09/1999
M3 (50-54)	Bouillon Josette	50	25/09/1999
M4 (55-59)	Bouillon Josette	50	25/09/1999
M5 (60-64)		42,5	
M6 (65-69)		42,5	
M7 (70-74)		42,5	
M8 (75-79)		42,5	
M9 (80-84)			

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### WOMEN - 63 KG

T1 (14-15)	Malotteau Severine	67,5	30/09/2001
T2 (16-17)	Malotteau Severine	67,5	30/09/2001
T3 (18-19)	Wuyts Helen	87,5	12/12/2009
JR (20-23)	Wuyts Helen	87,5	12/12/2009
SR (24-39)	Wuyts Helen	87,5	12/12/2009
M1 (40-44)	Bonalini Patricia	57,5	23/11/2002
M2 (45-49)		55	
M3 (50-54)	Bouillon Josette	50	12/02/2000
M4 (55-59)	Bouillon Josette	50	12/02/2000
M5 (60-64)		45	
M6 (65-69)		45	
M7 (70-74)		45	
M8 (75-79)		45	
M9 (80-84)		45	

### WOMEN - 70 KG

T1 (14-15)	Severine Malotteau	60	25/11/2000
T2 (16-17)	Lambert Marie-Laure	65	14/05/2005
T3 (18-19)	Lambert Marie-Laure	70	4/09/2005
JR (20-23)	Lambert Marie-Laure	70	4/09/2005
SR (24-39)	Morales Laurence	82,5	8/12/1991
M1 (40-44)		60	
M2 (45-49)	Lerot Viviane	56,5	12/03/2011
M3 (50-54)	Lerot Viviane	56,5	12/03/2011
M4 (55-59)	Loux Colette	56	19/05/1996
M5 (60-64)		47,5	
M6 (65-69)		47,5	
M7 (70-74)		47,5	
M8 (75-79)		47,5	
M9 (80-84)		47,5	

### WOMEN - 80 KG

T1 (14-15)	Dechamps Nadege	92,5	17/10/2010
T2 (16-17)	Dechamps Nadege	92,5	17/10/2010
T3 (18-19)	Dechamps Nadege	92,5	17/10/2010
JR (20-23)	Dechamps Nadege	92,5	17/10/2010
SR (24-39)	Argentino Angelique	103	23/11/2002
M1 (40-44)		65	
M2 (45-49)		55	
M3 (50-54)		50	
M4 (55-59)		50	
M5 (60-64)		50	
M6 (65-69)		50	
M7 (70-74)		50	
M8 (75-79)		50	
M9 (80-84)		50	

### WOMEN - 90 KG

T1 (14-15)		55	
T2 (16-17)		60	
T3 (18-19)		65	
JR (20-23)		70	
SR (24-39)		90	
M1 (40-44)		70	
M2 (45-49)		60	
M3 (50-54)		55	
M4 (55-59)		55	
M5 (60-64)		55	
M6 (65-69)		55	
M7 (70-74)		55	
M8 (75-79)		55	
M9 (80-84)		55	

### WOMEN + 90 KG

T1 (14-15)		57,5	
T2 (16-17)		62,5	
T3 (18-19)		70	
JR (20-23)		75	
SR (24-39)		92,5	
M1 (40-44)		72,5	
M2 (45-49)		62,5	
M3 (50-54)		57,5	
M4 (55-59)		57,5	
M5 (60-64)		57,5	
M6 (65-69)		57,5	
M7 (70-74)		57,5	
M8 (75-79)		57,5	
M9 (80-84)		57,5	

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### MEN'S - 52 KG

T1 (14-15)	Barbier Jérémy	72,5	2/04/2000
T2 (16-17)	Barbier Jérémy	72,5	2/04/2000
T3 (18-19)	Barbier Jérémy	72,5	2/04/2000
JR (20-23)		82,5	
SR (24-39)	Verstraete	115	18/03/1995
M1 (40-44)		77,5	
M2 (45-49)		67,5	
M3 (50-54)		60	
M4 (55-59)		60	
M5 (60-64)		52,5	
M6 (65-69)		52,5	
M7 (70-74)		45	
M8 (75-79)		45	
M9 (80-84)		45	

### MEN'S - 56 KG

T1 (14-15)	Smet Indy	71	12/09/2009
T2 (16-17)	Da Silva Borg	77,5	19/05/1996
T3 (18-19)	Corijn Alexander	95	12/12/2009
JR (20-23)	Corijn Alexander	95	12/12/2009
SR (24-39)	Buzzoni Claudio	115	16/02/1996
M1 (40-44)		82,5	
M2 (45-49)		72,5	
M3 (50-54)		65	
M4 (55-59)		65	
M5 (60-64)		57,5	
M6 (65-69)		57,5	
M7 (70-74)		50	
M8 (75-79)		50	
M9 (80-84)		50	

### MEN'S - 60 KG

T1 (14-15)	Couturiaux Ludovic	70,5	15/03/2003
T2 (16-17)	Tudisca Francesco	92,5	25/04/1999
T3 (18-19)	Tudisca Francesco	92,5	25/04/1999
JR (20-23)	Vermeiren Eric	107,5	18/03/1995
SR (24-39)		110	
M1 (40-44)	Manchel Fabrice	100	12/03/2011
M2 (45-49)	Manchel Fabrice	100	12/03/2011
M3 (50-54)		70	
M4 (55-59)		70	
M5 (60-64)		60	
M6 (65-69)		60	
M7 (70-74)		52,5	
M8 (75-79)		52,5	
M9 (80-84)		52,5	

### MEN'S - 67,5 KG

T1 (14-15)	Eeckhout Laurens	105	12/03/2011
T2 (16-17)	De Visscher Geovanni	115	12/03/2011
T3 (18-19)	Cirvilleri Frederic	117,5	27/02/1999
JR (20-23)	Hons Florian	128	30/09/2001
SR (24-39)	Goffin Vincent	148	3/06/2006
M1 (40-44)	V. Den Eynden Luc	120,5	24/02/2001
M2 (45-49)	Callemijn Johny	110	13/04/2002
M3 (50-54)	Callemijn Johny	107,5	26/05/2007
M4 (55-59)	Bruylants Jean-C	102,5	18/03/2001
M5 (60-64)		67,5	
M6 (65-69)		67,5	
M7 (70-74)		55	
M8 (75-79)		55	
M9 (80-84)		55	

### MEN'S - 75 KG

T1 (14-15)	Borgers Sebastien	112,5	12/12/1999
T2 (16-17)	Dandois Ben	125	30/09/1995
T3 (18-19)	Penasse Tanguy	150	11/10/2008
JR (20-23)	Pauwels Robby	150	13/04/2002
SR (24-39)	Tirifahy Pierre	161	17/10/2010
M1 (40-44)	Hallewaert Bart	142,5	12/03/2011
M2 (45-49)	Krikillion Dirk	130	17/10/2009
M3 (50-54)	Krikillion Dirk	127	12/03/2011
M4 (55-59)	Callemeyn Johny	123	12/03/2011
M5 (60-64)	Bruylants Jean-CI	115	13/04/2002
M6 (65-69)	Van Doorne Billy	108	3/04/2004
M7 (70-74)	Geukens Fernand	85	24/05/1997
M8 (75-79)		57,5	
M9 (80-84)		57,5	

### MEN'S - 82,5 KG

T1 (14-15)	Borgers Sebastien	120,5	2/04/2000
T2 (16-17)	Ponlot Yannick	145	14/05/2005
T3 (18-19)	Borgers Sebastien	165	9/10/2004
JR (20-23)	Borgers Sebastien	165	9/10/2004
SR (24-39)	Hansicke Peer	175	16/02/1996
M1 (40-44)	Malotteau Michel	170	24/09/2000
M2 (45-49)	Malotteau Michel	170	24/09/2000
M3 (50-54)	Vanderstraeten S.	155	5/04/2003
M4 (55-59)	Remy Roger	127,5	26/10/2008
M5 (60-64)	De Baere Willy	107,5	14/05/2005
M6 (65-69)	De Baere Willy	107,5	14/05/2005
M7 (70-74)	Lebon Jerome	90	24/05/1997
M8 (75-79)		60	
M9 (80-84)			

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### MEN'S - 90 KG

T1 (14-15)	Tessandier Corentin	117,5	26/10/2008
T2 (16-17)	Tessandier Corentin	135	17/10/2009
T3 (18-19)	Serikov Serge	152,5	30/09/2001
JR (20-23)	Bilican Ohran	200	24/02/2001
SR (24-39)	Servotte Geoffroy	205	17/10/2010
M1 (40-44)	Malotteau Michel	175	30/09/2001
M2 (45-49)	Malotteau Michel	175	30/09/2001
M3 (50-54)	Larue Gerard	162,5	30/09/1995
M4 (55-59)	Palazzo Vincent	145	24/05/1998
M5 (60-64)	Theyssens Martin	135,5	17/03/2007
M6 (65-69)	Theyssens Martin	135,5	17/03/2007
M7 (70-74)	Theyssens Martin	127,5	17/10/2010
M8 (75-79)		62,5	
M9 (80-84)		62,5	

### MEN'S - 100 KG

T1 (14-15)	Malotteau Louis	95	13/04/2002
T2 (16-17)	Aidara Christopher	123	26/10/2008
T3 (18-19)	Deprez Xavier	145	17/03/2007
JR (20-23)	Bilican Ohran	210	30/03/2002
SR (24-39)	Servotte Geoffroy	217,5	12/03/2011
M1 (40-44)	Malotteau Jean-Louis	205,5	28/05/2005
M2 (45-49)	Pepin Stephane	181	24/06/2001
M3 (50-54)	Pepin Stephane	170	13/04/2002
M4 (55-59)	Palazzo Vincent	142,5	25/04/1999
M5 (60-64)	Mertens René	140,5	27/09/2003
M6 (65-69)	Mertens René	140,5	27/09/2003
M7 (70-74)	Mertens René	140,5	27/09/2003
M8 (75-79)	Mertens René	137,5	11/10/2008
M9 (80-84)		65	

### MEN'S - 110 KG

T1 (14-15)		92,5	
T2 (16-17)	Malotteau Louis	122,5	13/03/2004
T3 (18-19)	Van Nijlen Filip	230	26/11/2000
JR (20-23)	Van Nijlen Filip	230	26/11/2000
SR (24-39)	Malotteau Jean-Louis	230,5	17/10/2009
M1 (40-44)	Malotteau Jean-Louis	230,5	17/10/2009
M2 (45-49)	Malotteau Jean-Louis	230,5	17/10/2009
M3 (50-54)	Dieu Noël	160	24/09/2000
M4 (55-59)	Dieu Noël	160	24/09/2000
M5 (60-64)	Dieu Noël	160	24/09/2000
M6 (65-69)	Dieu Noël	160	24/09/2000
M7 (70-74)	Mertens René	142	17/03/2007
M8 (75-79)	Mertens René	132,5	30/05/2009
M9 (80-84)		67,5	

### MEN'S - 125 KG

T1 (14-15)	Dechamps Sebastien	130,5	26/10/2008
T2 (16-17)	Dechamps Sebastien	175	11/12/2010
T3 (18-19)	Van Nijlen Filip	230	24/09/2000
JR (20-23)	Van Nijlen Filip	230	24/09/2000
SR (24-39)	Van Nijlen Filip	230	24/09/2000
M1 (40-44)	Collart Jean-Luc	222,5	17/03/2007
M2 (45-49)	Collart Jean-Luc	222,5	17/03/2007
M3 (50-54)	Goovaerts Marc	163	12/12/2009
M4 (55-59)	Rogé Johan	155	17/10/2009
M5 (60-64)	Rogé Johan	155	17/10/2009
M6 (65-69)		95	
M7 (70-74)		70	
M8 (75-79)		70	
M9 (80-84)		70	

### MEN'S - 145 KG

T1 (14-15)		97,5	
T2 (16-17)	Dechamps Sebastien	175	12/03/2011
T3 (18-19)	Dechamps Sebastien	175	12/03/2011
JR (20-23)	Dechamps Sebastien	175	12/03/2011
SR (24-39)	Backelant Wilhelm	253	21/10/2006
M1 (40-44)	Backelant Wilhelm	253	21/10/2006
M2 (45-49)	Backelant Wilhelm	245,5	30/05/2009
M3 (50-54)	Goovaerts Marc	165	12/03/2011
M4 (55-59)	Rogé Johan	157,5	6/09/2008
M5 (60-64)		100	
M6 (65-69)		100	
M7 (70-74)		75	
M8 (75-79)		75	
M9 (80-84)		75	

### MEN'S + 145 KG

T1 (14-15)		100	
T2 (16-17)		112,5	
T3 (18-19)		125	
JR (20-23)		160	
SR (24-39)	Backelant Wilhelm	260	12/12/2009
M1 (40-44)	Backelant Wilhelm	260	12/12/2009
M2 (45-49)	Backelant Wilhelm	260	12/12/2009
M3 (50-54)		112,5	
M4 (55-59)		112,5	
M5 (60-64)		100	
M6 (65-69)		100	
M7 (70-74)		75	
M8 (75-79)		75	
M9 (80-84)			

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