

BELGIAN DRUG FREE POWERLIFTING FEDERATION

DEADLIFT UNEQUIPPED : BELGIAN RECORDS

WOMEN - 44 KG

| | | |
|------------|--------------------------------|-----|
| T1 (14-15) | Van Casteren Hanne(30/07/2013) | 81 |
| T2 (16-17) | Van Casteren Hanne(30/07/2013) | 81 |
| T3 (18-19) | | 85 |
| JR (20-23) | | 95 |
| SR (24-39) | | 100 |
| M1 (40-44) | | 95 |
| M2 (45-49) | | 90 |
| M3 (50-54) | | 85 |
| M4 (55-59) | | 80 |
| M5 (60-64) | | 75 |
| M6 (65-69) | | 70 |
| M7 (70-74) | | 60 |
| M8 (75-79) | | 60 |
| M9 (80-84) | | 60 |
| M10(85-90) | | |

WOMEN - 47,5 KG

| | | |
|------------|--------------------------------|------|
| T1 (14-15) | | 70 |
| T2 (16-17) | Van Casteren Hanne(17/10/2014) | 92,5 |
| T3 (18-19) | Van Casteren Hanne(17/10/2014) | 92,5 |
| JR (20-23) | | 100 |
| SR (24-39) | | 105 |
| M1 (40-44) | | 100 |
| M2 (45-49) | | 95 |
| M3 (50-54) | | 90 |
| M4 (55-59) | | 85 |
| M5 (60-64) | | 80 |
| M6 (65-69) | | 75 |
| M7 (70-74) | | 70 |
| M8 (75-79) | | 70 |
| M9 (80-84) | | 70 |
| M10(85-90) | | |

WOMEN - 50,5 KG

| | | |
|------------|------------------------------------|-----|
| T1 (14-15) | | 75 |
| T2 (16-17) | | 85 |
| T3 (18-19) | Van Casteren Hanne BEL (5/11/2016) | 105 |
| JR (20-23) | | 105 |
| SR (24-39) | | 110 |
| M1 (40-44) | | 105 |
| M2 (45-49) | | 100 |
| M3 (50-54) | | 95 |
| M4 (55-59) | | 90 |
| M5 (60-64) | | 85 |
| M6 (65-69) | | 80 |
| M7 (70-74) | | 75 |
| M8 (75-79) | | 75 |
| M9 (80-84) | | 75 |
| M10(85-90) | | |

WOMEN - 53 KG

| | | |
|------------|----------------------|-----|
| T1 (14-15) | | 80 |
| T2 (16-17) | Blondeau Joy 18/9/16 | 101 |
| T3 (18-19) | Blondeau Joy 18/9/16 | 101 |
| JR (20-23) | | 110 |
| SR (24-39) | | 120 |
| M1 (40-44) | | 110 |
| M2 (45-49) | | 105 |
| M3 (50-54) | | 100 |
| M4 (55-59) | | 95 |
| M5 (60-64) | | 90 |
| M6 (65-69) | | 85 |
| M7 (70-74) | | 80 |
| M8 (75-79) | | 80 |
| M9 (80-84) | | 80 |
| M10(85-90) | | |

WOMEN - 55,5 KG

| | | |
|------------|--|-----|
| T1 (14-15) | | 85 |
| T2 (16-17) | | 95 |
| T3 (18-19) | | 105 |
| JR (20-23) | | 115 |
| SR (24-39) | | 130 |
| M1 (40-44) | | 125 |
| M2 (45-49) | | 115 |
| M3 (50-54) | | 110 |
| M4 (55-59) | | 105 |
| M5 (60-64) | | 95 |
| M6 (65-69) | | 90 |
| M7 (70-74) | | 85 |
| M8 (75-79) | | 85 |
| M9 (80-84) | | 85 |
| M10(85-90) | | |

WOMEN - 58,5 KG

| | | |
|------------|---------------------|-------|
| T1 (14-15) | | 90 |
| T2 (16-17) | Wuyts H. 2009 | 160 |
| T3 (18-19) | Wuyts Helen 04 - 10 | 167,5 |
| JR (20-23) | Wuyts Helen 04 - 10 | 167,5 |
| SR (24-39) | Wuyts Helen 04 - 10 | 167,5 |
| M1 (40-44) | | 130 |
| M2 (45-49) | | 120 |
| M3 (50-54) | | 115 |
| M4 (55-59) | | 110 |
| M5 (60-64) | | 100 |
| M6 (65-69) | | 95 |
| M7 (70-74) | | 90 |
| M8 (75-79) | | 90 |
| M9 (80-84) | | 90 |
| M10(85-90) | | |

Nieuw - Nouveau RECORD

BELGIAN DRUG FREE POWERLIFTING FEDERATION

DEADLIFT UNEQUIPPED : BELGIAN RECORDS

WOMEN - 63 KG

| | | |
|------------|-------------------------|-----|
| T1 (14-15) | | 95 |
| T2 (16-17) | Wuyts Helen 04 - 09 | 160 |
| T3 (18-19) | Wuyts Helen 10 - 10 | 170 |
| JR (20-23) | Wuyts Helen(11/03/2012) | 180 |
| SR (24-39) | Wuyts Helen(11/03/2012) | 180 |
| M1 (40-44) | | 135 |
| M2 (45-49) | | 125 |
| M3 (50-54) | | 120 |
| M4 (55-59) | | 115 |
| M5 (60-64) | | 105 |
| M6 (65-69) | | 100 |
| M7 (70-74) | | 95 |
| M8 (75-79) | | 95 |
| M9 (80-84) | | 95 |
| M10(85-90) | | |

WOMEN - 70 KG

| | | |
|------------|--------------------------|-------|
| T1 (14-15) | | 100 |
| T2 (16-17) | | 110 |
| T3 (18-19) | Verkain Jasmien | 150 |
| JR (20-23) | Wuyts Helen (30/07/2013) | 173 |
| SR (24-39) | Wuyts Helen (30/07/2013) | 173 |
| M1 (40-44) | | 145 |
| M2 (45-49) | | 135 |
| M3 (50-54) | | 127,5 |
| M4 (55-59) | | 120 |
| M5 (60-64) | | 110 |
| M6 (65-69) | | 105 |
| M7 (70-74) | | 100 |
| M8 (75-79) | | 100 |
| M9 (80-84) | | 100 |
| M10(85-90) | | |

WOMEN - 80 KG

| | | |
|------------|-----------------------------|-------|
| T1 (14-15) | Dechamps Nadege(11/03/2012) | 155 |
| T2 (16-17) | Dechamps Nadege(11/03/2012) | 155 |
| T3 (18-19) | Dechamps Nadege(11/03/2012) | 155 |
| JR (20-23) | Dechamps Nadege(11/03/2012) | 155 |
| SR (24-39) | | 157,5 |
| M1 (40-44) | | 150 |
| M2 (45-49) | | 142,5 |
| M3 (50-54) | | 132,5 |
| M4 (55-59) | | 125 |
| M5 (60-64) | | 115 |
| M6 (65-69) | | 110 |
| M7 (70-74) | | 105 |
| M8 (75-79) | | 105 |
| M9 (80-84) | | 105 |
| M10(85-90) | | |

WOMEN - 90 KG

| | | |
|------------|--|-------|
| T1 (14-15) | | 110 |
| T2 (16-17) | | 120 |
| T3 (18-19) | | 135 |
| JR (20-23) | | 150 |
| SR (24-39) | | 162,5 |
| M1 (40-44) | | 155 |
| M2 (45-49) | | 147,5 |
| M3 (50-54) | | 137,5 |
| M4 (55-59) | | 130 |
| M5 (60-64) | | 120 |
| M6 (65-69) | | 115 |
| M7 (70-74) | | 110 |
| M8 (75-79) | | 110 |
| M9 (80-84) | | 110 |
| M10(85-90) | | |

WOMEN + 90 KG

| | | |
|------------|--|-------|
| T1 (14-15) | | 115 |
| T2 (16-17) | | 125 |
| T3 (18-19) | | 140 |
| JR (20-23) | | 155 |
| SR (24-39) | | 167,5 |
| M1 (40-44) | | 160 |
| M2 (45-49) | | 155 |
| M3 (50-54) | | 145 |
| M4 (55-59) | | 135 |
| M5 (60-64) | | 125 |
| M6 (65-69) | | 120 |
| M7 (70-74) | | 115 |
| M8 (75-79) | | 115 |
| M9 (80-84) | | 115 |
| M10(85-90) | | |

Nieuw - Nouveau RECORD

BELGIAN DRUG FREE POWERLIFTING FEDERATION

DEADLIFT UNEQUIPPED : BELGIAN RECORDS

MEN'S - 52 KG

| | | |
|------------|--|-----|
| T1 (14-15) | | 90 |
| T2 (16-17) | | 95 |
| T3 (18-19) | | 105 |
| JR (20-23) | | 120 |
| SR (24-39) | | 135 |
| M1 (40-44) | | 125 |
| M2 (45-49) | | 120 |
| M3 (50-54) | | 115 |
| M4 (55-59) | | 110 |
| M5 (60-64) | | 105 |
| M6 (65-69) | | 100 |
| M7 (70-74) | | 90 |
| M8 (75-79) | | 90 |
| M9 (80-84) | | 90 |
| M10(85-90) | | |

MEN'S - 56 KG

| | | |
|------------|----------------------------|-------|
| T1 (14-15) | Devos Gillian(30/07/2013) | 110 |
| T2 (16-17) | Devos Gillian(30/07/2013) | 110 |
| T3 (18-19) | | 112,5 |
| JR (20-23) | Vermeulen Sven(11/03/2012) | 130,5 |
| SR (24-39) | | 145 |
| M1 (40-44) | | 135 |
| M2 (45-49) | | 130 |
| M3 (50-54) | | 125 |
| M4 (55-59) | | 120 |
| M5 (60-64) | | 110 |
| M6 (65-69) | | 105 |
| M7 (70-74) | | 92,5 |
| M8 (75-79) | | 92,5 |
| M9 (80-84) | | 92,5 |
| M10(85-90) | | |

MEN'S - 60 KG

| | | |
|------------|------------------------------------|-------|
| T1 (14-15) | | 100 |
| T2 (16-17) | Bruneel Angelo 05 - 11 | 140 |
| T3 (18-19) | El Mahassani Waled BEL (5/11/2016) | 166,5 |
| JR (20-23) | Dierckx Liam(17/10/2014) | 166 |
| SR (24-39) | Dierckx Liam(17/10/2014) | 166 |
| M1 (40-44) | | 145 |
| M2 (45-49) | | 140 |
| M3 (50-54) | | 135 |
| M4 (55-59) | | 130 |
| M5 (60-64) | | 120 |
| M6 (65-69) | | 115 |
| M7 (70-74) | | 100 |
| M8 (75-79) | | 100 |
| M9 (80-84) | | 100 |
| M10(85-90) | | |

MEN'S - 67,5 KG

| | | |
|------------|-------------------------------------|-------|
| T1 (14-15) | Van Gucht Maikel 05 - 11 | 155 |
| T2 (16-17) | De Vissher Geovanni 05 - 11 | 190 |
| T3 (18-19) | Cuyllé Angelo(11/03/2012) | 190,5 |
| JR (20-23) | Dierckx Liam BEL (5/11/2016) | 191 |
| SR (24-39) | Van den Abbeele Tim BEL (5/11/2016) | 200 |
| M1 (40-44) | Boland Darren(6/6/16) | 200 |
| M2 (45-49) | Callemeyn Johny(17/10/2014) | 155,5 |
| M3 (50-54) | Callemeyn Johny(17/10/2014) | 155,5 |
| M4 (55-59) | Callemeyn Johny(17/10/2014) | 155,5 |
| M5 (60-64) | Callemeyn Johny(17/10/2014) | 155,5 |
| M6 (65-69) | | 125 |
| M7 (70-74) | Hamerlinck Gilbert (30/07/2013) | 122,5 |
| M8 (75-79) | | 120 |
| M9 (80-84) | | 120 |
| M10(85-90) | | |

MEN'S - 75 KG

| | | |
|------------|-------------------------------|-----|
| T1 (14-15) | Eeckhout Laurens 05 - 11 | 175 |
| T2 (16-17) | Mignolet Geoffrey(11/03/2012) | 230 |
| T3 (18-19) | Mignolet Geoffrey(11/03/2012) | 230 |
| JR (20-23) | Sudarminto Indra(11/03/2012) | 255 |
| SR (24-39) | Sudarminto Indra(11/03/2012) | 255 |
| M1 (40-44) | Remy Roger(17/10/2014) | 220 |
| M2 (45-49) | Remy Roger(17/10/2014) | 220 |
| M3 (50-54) | Remy Roger(17/10/2014) | 220 |
| M4 (55-59) | Remy Roger(17/10/2014) | 220 |
| M5 (60-64) | Remy Roger(17/10/2014) | 220 |
| M6 (65-69) | | 135 |
| M7 (70-74) | | 130 |
| M8 (75-79) | | 130 |
| M9 (80-84) | | 130 |
| M10(85-90) | | |

MEN'S - 82,5 KG

| | | |
|------------|-------------------------------|-------|
| T1 (14-15) | | 140 |
| T2 (16-17) | Cailliau Jasper(11/05/2013) | 190,5 |
| T3 (18-19) | Faizi Fardin BEL (14/05/2016) | 250 |
| JR (20-23) | Sudarminto Indra(17/10/2014) | 260 |
| SR (24-39) | Verbeke B. 2005 | 300 |
| M1 (40-44) | Verbeke B. 06 - 08 | 285 |
| M2 (45-49) | Remy R. 06 - 08 | 240 |
| M3 (50-54) | Remy R. 06 - 08 | 240 |
| M4 (55-59) | Remy R. 06 - 08 | 240 |
| M5 (60-64) | Vanglabeke Noël 04 - 09 | 200 |
| M6 (65-69) | Vanglabeke Noël(17/10/2014) | 170 |
| M7 (70-74) | Theyssens Martin (11/05/13) | 140 |
| M8 (75-79) | | 140 |
| M9 (80-84) | | 140 |
| M10(85-90) | | |

Nieuw - Nouveau RECORD

BELGIAN DRUG FREE POWERLIFTING FEDERATION

DEADLIFT UNEQUIPPED : BELGIAN RECORDS

MEN'S - 90 KG

| | | |
|------------|--------------------------|-------|
| T1 (14-15) | | 150 |
| T2 (16-17) | Boone Jens(11/03/2012) | 190 |
| T3 (18-19) | Peeters Alan(30/07/2013) | 255 |
| JR (20-23) | Peeters Alan(30/07/2013) | 255 |
| SR (24-39) | Verbeke B. 03 - 06 | 305 |
| M1 (40-44) | Verbeke B. 03 - 06 | 305 |
| M2 (45-49) | Verbeke Beny(11/05/2013) | 295 |
| M3 (50-54) | Verbeke Beny(26/09/2015) | 295 |
| M4 (55-59) | Vanglabek N. 06 - 08 | 190 |
| M5 (60-64) | | 175 |
| M6 (65-69) | Theyssens M. 11 - 07 | 170 |
| M7 (70-74) | Theyssens Martin 05 - 10 | 157,5 |
| M8 (75-79) | | 150 |
| M9 (80-84) | | 150 |
| M10(85-90) | | |

MEN'S - 100 KG

| | | |
|------------|----------------------------------|-------|
| T1 (14-15) | | 160 |
| T2 (16-17) | Van Roy Y. 10 - 08 | 220 |
| T3 (18-19) | Deceuninck Dylan(11/03/2012) | 220,5 |
| JR (20-23) | Van Heesvelde Jeroen(11/03/2012) | 245,5 |
| SR (24-39) | Verbeke Beny(11/03/2012) | 272,5 |
| M1 (40-44) | Verbeke Beny(11/03/2012) | 272,5 |
| M2 (45-49) | Verbeke Beny(11/03/2012) | 272,5 |
| M3 (50-54) | | 205 |
| M4 (55-59) | | 195 |
| M5 (60-64) | | 185 |
| M6 (65-69) | | 170 |
| M7 (70-74) | | 160 |
| M8 (75-79) | | 160 |
| M9 (80-84) | | 160 |
| M10(85-90) | | |

MEN'S - 110 KG

| | | |
|------------|-----------------------------|-------|
| T1 (14-15) | | 170 |
| T2 (16-17) | Van Roy Yannick 04 - 09 | 230 |
| T3 (18-19) | Van Roy Yannick 04 - 09 | 230 |
| JR (20-23) | Van Roy Yannick(11/03/2012) | 250 |
| SR (24-39) | Kersemans Sven 06 - 08 | 280,5 |
| M1 (40-44) | Vermote Gianni(30/07/2013) | 252,5 |
| M2 (45-49) | | 225 |
| M3 (50-54) | | 215 |
| M4 (55-59) | Leonard Michel 04 - 09 | 210 |
| M5 (60-64) | Leonard Michel 04 - 09 | 210 |
| M6 (65-69) | | 180 |
| M7 (70-74) | | 170 |
| M8 (75-79) | | 170 |
| M9 (80-84) | | 170 |
| M10(85-90) | | |

MEN'S - 125 KG

| | | |
|------------|----------------------------|-------|
| T1 (14-15) | Dechamps Sebastien 04 - 09 | 242,5 |
| T2 (16-17) | Dechamps Sebastien 04 - 09 | 242,5 |
| T3 (18-19) | Dechamps J. 11 - 07 | 255 |
| JR (20-23) | Dechamps Jerome 05 - 11 | 280,5 |
| SR (24-39) | Collart J-L 06 - 08 | 290 |
| M1 (40-44) | Collart J-L 06 - 08 | 290 |
| M2 (45-49) | Collart J-L 06 - 08 | 290 |
| M3 (50-54) | Collart Jean-Luc 05 - 10 | 275 |
| M4 (55-59) | Goovaerts Marc(30/07/2013) | 230 |
| M5 (60-64) | | 205 |
| M6 (65-69) | | 190 |
| M7 (70-74) | | 180 |
| M8 (75-79) | | 180 |
| M9 (80-84) | | 180 |
| M10(85-90) | | |

MEN'S - 145 KG

| | | |
|------------|--------------------------------|-----|
| T1 (14-15) | | 190 |
| T2 (16-17) | | 200 |
| T3 (18-19) | Dechamps Sebastien(11/03/2012) | 280 |
| JR (20-23) | Dechamps Jerome(11/03/2012) | 280 |
| SR (24-39) | Dechamps Jerome(11/03/2012) | 280 |
| M1 (40-44) | | 250 |
| M2 (45-49) | Goovaerts Marc 05 - 10 | 240 |
| M3 (50-54) | Goovaerts Marc 05 - 10 | 240 |
| M4 (55-59) | | 220 |
| M5 (60-64) | | 210 |
| M6 (65-69) | | 195 |
| M7 (70-74) | | 190 |
| M8 (75-79) | | 190 |
| M9 (80-84) | | 190 |
| M10(85-90) | | |

MEN'S + 145 KG

| | | |
|------------|--|-----|
| T1 (14-15) | | 195 |
| T2 (16-17) | | 205 |
| T3 (18-19) | | 225 |
| JR (20-23) | | 240 |
| SR (24-39) | | 265 |
| M1 (40-44) | | 255 |
| M2 (45-49) | | 245 |
| M3 (50-54) | | 235 |
| M4 (55-59) | | 225 |
| M5 (60-64) | | 215 |
| M6 (65-69) | | 200 |
| M7 (70-74) | | 195 |
| M8 (75-79) | | 195 |
| M9 (80-84) | | 195 |
| M10(85-90) | | |

Nieuw - Nouveau RECORD